

Table with columns for bib number, date, name, gender, age, location, time, and race results. Lists 155 participants from various locations like Minneapolis, Duluth, and Rochester.

results by Pickle Events

results posted on: www.pickleevents.com

MALE: LONG COURSE RELAY RESULTS

Table with columns: Place, Bib, TEAM, MEMBERS:SWIMMER, BIKER, RUNNER, Rank, Swim, Pace, Trn.1 Rank, Bike, Rate, Trn.2 Rank, Run, Pace, Finish. Lists 5 teams and their relay results.

FEMALE: LONG COURSE RELAY RESULTS

Table with columns: Place, Bib, TEAM, MEMBERS:SWIMMER, BIKER, RUNNER, Rank, Swim, Pace, Trn.1 Rank, Bike, Rate, Trn.2 Rank, Run, Pace, Finish. Lists 11 teams and their relay results.

MIXED: LONG COURSE RELAY RESULTS

Table with columns: Place, Bib, TEAM, MEMBERS:SWIMMER, BIKER, RUNNER, Rank, Swim, Pace, Trn.1 Rank, Bike, Rate, Trn.2 Rank, Run, Pace, Finish. Header for mixed relay results.

1	154	Shoot for Two : Anthony Yung , James Joynes , Shaleen Cameron	1	21:58	1:30	0:50	1	56:27	21.9	0:38	2	33:47	6:46	1:53:37
2	201	Team Pepsi : Kris Cowens , Dave Pederson , Dave Donahue	4	23:59	1:38	0:44					5	37:29	7:30	2:08:07
3	218	Tri Hard : Holly Galazem , Steve Westholm , Dan Westholm	8	27:17	1:51	0:48	3	1:08:01	18.2	0:37	4	35:32	7:07	2:12:12
4	162	The triangle of doom : Hanna West , Todd West , Stacy Terebayza	5	24:32	1:40	0:49	2	1:06:19	18.6	0:43	8	42:05	8:25	2:14:25
5	165	Turtle Bait : John Huberty , John Huberty , Kate Brecke	3	23:56	1:37						7	41:54	8:23	2:14:49
6	205	Team Weck : Jody Weckwerth , Aaron Weckwerth , Andrew Weckwerth	11	33:21	2:16	0:56	8	1:18:19	15.8	0:39	1	30:35	6:07	2:23:47
7	153	ROCK N' RELAY : Tia Ferguson , Tim Jacobson , Mandy Gagnon	7	25:07	1:42	1:02	5	1:13:15	16.9	0:50	11	45:15	9:03	2:25:25
8	159	team ibex : Maggie Lane , Phil Buddy Lunde , Ethan Howard	13	37:33	2:33	0:56	4	1:11:36	17.3	0:36	3	35:14	7:03	2:25:52
9	150	Olson : Nicole Bakke , Donna Olson , Derek Olson	6	24:42	1:41	1:01	11	1:27:30	14.1	0:37	6	38:44	7:45	2:32:31
10	145	Dancing Bananas : Paul Sapyta , Brian Ninneman , Joanne Christenson	9	28:46	1:57	1:02	10	1:25:59	14.4	0:50	9	42:36	8:32	2:39:09
11	161	The Mulligans : Jessica Nelson , Matt Nelson , Molly Nelson	10	32:35	2:13	0:45	7	1:14:55	16.5	0:51	13	51:06	10:14	2:40:09
12	148	Go Harder or Go Home : Paul Harder , Jaclyn Harder , Shannon Hennen	2	23:45	1:37	0:57	6	1:14:02	16.7	1:06	14	1:06:03	13:13	2:45:49
13	180	Pink-a-Blue Tri : Jennifer Robertson , Mike Ellingson , Kimberly Lunde	14	41:06	2:47	0:48	9	1:21:42	15.1	0:38	12	47:24	9:29	2:51:36
14	163	TOMBA : Ronn Tomassoni , Joseph Lemker , Jill Bastyr	12	36:53	2:30	0:53	12	1:35:25	13.0	0:47	10	43:41	8:45	2:57:37

SILVER 120: LONG COURSE RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	202	The Silver Streaks :	Dave Malban , Kevin Peterson , Jon Heyesen	3	22:52	1:33	0:57	1	51:36	24.0	0:35	1	31:02	6:13	1:47:00
2	209	Silver Fire 143 :	Jon Tellekson , Steve Mills , Kenton Johnson	1	22:26	1:31	0:54	2	1:01:03	20.2	0:39	2	34:26	6:54	1:59:25
3	146	Etter :	Patrick Etter , Laree Etter , Brendon Etter	2	22:30	1:32	0:55	3	1:02:59	19.6	0:39	3	37:01	7:25	2:04:00
4	207	3Gr8ts :	Linda Hagen , Caeryl Reitan , Ann Robertson	5	32:16	2:11	1:01	6	1:31:31	13.5	0:42	4	39:58	8:00	2:45:25
5	167	We Try Harder :	Scott Harder , Carol Baton , Dawn Reinarz	4	24:48	1:41	1:12	5	1:23:24	14.8	1:12	6	1:09:38	13:56	3:00:12
6	144	Bonnie, Lois, Kristi :	Bonnie London , Lois Selle , Kristi Olzeske	6	41:07	2:47	1:43	4	1:17:41	15.9	1:05	5	1:01:26	12:18	3:02:59

YOUTH: LONG COURSE RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
Page 1															

PENALTY TIME ISSUED

No.	Name	Age	Sex	City	St	Penalty	Penalty	Comment
Number of records: 0								

DID NOT FINISH

Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
DISQUALIFIED																	

Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
TOP TEN SWIM TIMES																	

PLACE	NAME	CITY	ST	AGE	S	Swim	100
						Time	yds
1	Thaddeus Ingersoll	St. Paul	MN	40	M	16:07	1:06
2	David Thompson	St. Paul	MN	32	M	16:11	1:06
3	Devon Palmer	St. Paul	MN	23	M	17:24	1:11
4	Reilly Dougherty	Hibbing	MN	20	M	17:48	1:13
5	Rhett Bonner	Duluth	MN	46	M	18:08	1:14
6	Tina Welzien	Woodbury	MN	29	F	19:09	1:18
7	David Loberg	Excelsior	MN	50	M	19:11	1:18
8	Tony Shoberg	Duluth	MN	27	M	19:15	1:19
9	Jason Timmer	Stillwater	MN	24	M	19:25	1:19
10	Alexander Vogel	Maple Grove	MN	17	M	19:43	1:20

TOP TEN BIKE TIMES

PLACE	NAME	CITY	ST	AGE	S	Bike	Time	mph
1	David Thompson	St. Paul	Mn	32	M	00:48:31	25.5	
2	Devon Palmer	St. Paul	Mn	23	M	00:48:48	25.3	
3	Chris Leiferman	Truman	Mn	24	M	00:49:32	25.0	
4	Rhett Bonner	Duluth	Mn	46	M	00:50:45	24.4	
5	Josh Blankenheim	Duluth	Mn	30	M	00:51:42	23.9	
6	James Kelley	Centuria	Wi	49	M	00:53:08	23.3	
7	Kevin Potter	Eau Claire	Wi	54	M	00:53:52	22.9	
8	Josh Smith	Water Town	Mn	36	M	00:54:21	22.7	
9	Greg Daw	Duluth	Mn	24	M	00:54:40	22.6	
10	Marc Malinoski	Duluth	Mn	24	M	00:55:12	22.4	

TOP TEN RUN TIMES

PLACE	NAME	CITY	ST	AGE	S	Run	Time	Pace
=====								

1	David Thompson	St. Paul	MN	32	M	27:03	5:25
2	Ellen Backus	Victoria	MN	44	F	27:19	5:28
3	Chris Leiferman	Truman	MN	24	M	27:49	5:34
4	Josh Blankenheim	Duluth	MN	30	M	28:16	5:40
5	Thaddeus Ingersoll	St. Paul	MN	40	M	29:10	5:50
6	Devon Palmer	St. Paul	MN	23	M	29:15	5:51
7	Marc Malinoski	Duluth	MN	24	M	29:26	5:54
8	Rhett Bonner	Duluth	MN	46	M	29:30	5:54
9	James Kelley	Centuria	WI	49	M	29:32	5:55
10	Reilly Dougherty	Hibbing	MN	20	M	29:52	5:59

INDIVIDUAL MALE OVERALL RESULTS

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	1	David Thompson	32	M	St. Paul	MN	2	16:11	1:06	1:00	1	48:31	25.5	0:50	1	27:03	5:25	1:33:33
2	174	Devon Palmer	23	M	St. Paul	MN	3	17:24	1:11	1:13	2	48:48	25.3	0:54	5	29:15	5:51	1:37:31
3	13	Rhett Bonner	46	M	Duluth	MN	5	18:08	1:14	1:01	4	50:46	24.3	1:00	7	29:30	5:54	1:40:21
4	53	Chris Leiferman	24	M	Truman	MN	12	21:38	1:28	1:16	3	49:32	25.0	0:48	2	27:49	5:34	1:41:00
5	190	Josh Blankenheim	30	M	Duluth	MN	10	20:04	1:22	1:15	5	51:42	23.9	0:49	3	28:16	5:40	1:42:02
6	191	Thaddeus Ingersoll	40	M	St. Paul	MN	1	16:07	1:06	1:08	14	55:31	22.3	1:03	4	29:10	5:50	1:42:56
7	49	James Kelley	49	M	Centuria	WI	28	23:02	1:34	1:38	6	53:09	23.3	1:02	8	29:32	5:55	1:48:19
8	28	Reilly Dougherty	20	M	Hibbing	MN	4	17:48	1:13	0:57	35	58:34	21.1	1:12	9	29:52	5:59	1:48:20
9	192	Marc Malinoski	24	M	Duluth	MN	11	21:23	1:27	1:15	10	55:12	22.4	1:06	6	29:26	5:54	1:48:20
10	213	David Loberg	50	M	Excelsior	MN	6	19:11	1:18	1:17	17	56:05	22.0	0:58	18	32:53	6:35	1:50:22
11	40	Bryan Hill	36	M	Minneapolis	MN	23	22:43	1:33					1:55	11	31:28	6:18	1:51:52
12	24	Greg Daw	24	M	Duluth	MN	16	21:55	1:29	1:13	9	54:40	22.6	0:50	23	33:38	6:44	1:52:13
13	72	Jim Reed	51	M	Duluth	MN	14	21:41	1:28	1:31	20	57:11	21.6	1:22	10	30:56	6:12	1:52:39
14	37	Michael Hankee	33	M	Lino Lakes	MN	22	22:38	1:32	1:26	13	55:29	22.3	0:58	14	32:17	6:28	1:52:46
15	185	Paul Miner	30	M	Duluth	MN	20	22:03	1:30	1:49	15	55:36	22.2	1:24	21	33:21	6:41	1:54:11
16	31	Dale Forde	52	M	Golden Valley	MN	29	23:06	1:34	1:54	18	56:31	21.9	1:22	12	31:31	6:19	1:54:19
17	80	Tony Shoberg	27	M	Duluth	MN	7	19:15	1:19	1:50	28	57:55	21.3	1:01	38	35:12	7:03	1:55:11
18	193	Kevin Potter	54	M	Eau Claire	WI	21	22:08	1:30	2:31	7	53:53	22.9	1:52	36	35:02	7:01	1:55:23
19	85	Josh Smith	36	M	Water Town	MN	36	23:55	1:37	1:47	8	54:21	22.7	1:13	39	35:19	7:04	1:56:33
20	88	Alexander Vogel	17	M	Maple Grove	MN	9	19:43	1:20	1:41	45	1:00:19	20.5	1:02	33	34:35	6:55	1:57:18
21	51	Leonard Klun	56	M	Maple Plain	MN	19	22:01	1:30	1:53	36	58:38	21.1	1:16	26	34:10	6:50	1:57:56
22	184	Peter Miner	30	M	Duluth	MN	42	24:35	1:40	2:12	16	55:49	22.1	1:27	24	33:55	6:47	1:57:56
23	48	Greg Johnson	38	M	Hermantown	MN	34	23:38	1:36	1:26	40	59:16	20.9	1:24	15	32:21	6:29	1:58:03
24	21	Michael Cullen	23	M	Mankato	MN	40	24:18	1:39	2:14	12	55:25	22.3	1:25	35	34:59	7:00	1:58:19
25	33	Bennett Goiffon	29	M	Minneapolis	MN	33	23:37	1:36	1:42	26	57:43	21.4	1:03	29	34:22	6:53	1:58:24
26	15	Andrew Broadmoore	35	M	Duluth	MN	69	26:52	1:49	1:21	21	57:14	21.6	1:00	16	32:25	6:29	1:58:50
27	75	Jared Roy	41	M	St Louis Park	MN	71	27:08	1:50	1:34	11	55:23	22.3	1:22	22	33:29	6:42	1:58:52
28	189	John Witzzmann	48	M	Maplewood	MN	32	23:24	1:35	1:42	30	58:06	21.3	1:26	37	35:08	7:02	1:59:45
29	47	Tj Jeannette	35	M	North Mankato	MN	67	26:50	1:49	1:48	19	57:01	21.7	1:13	19	32:57	6:36	1:59:46
30	45	Bobby Hurt	25	M	Memononie	WI	31	23:17	1:35	2:03	27	57:54	21.3	1:24	40	35:33	7:07	2:00:08
31	92	Stephen Wilson	25	M	Golden Valley	MN	39	24:18	1:39	1:37	41	59:17	20.8	1:11	27	34:12	6:51	2:00:32
32	90	Graeme Webster	33	M	Minneapolis	MN	54	25:46	1:45	1:46	23	57:34	21.5	1:09	32	34:30	6:54	2:00:42
33	35	Ben Hadrich	27	M	McGregor	MN	63	26:32	1:48	1:50	42	59:41	20.7	1:11	13	31:37	6:20	2:00:49
34	6	Jeffry Anderson	23	M	Duluth	MN	17	21:59	1:30	1:43	38	58:58	21.0	1:23	49	37:12	7:27	2:01:13
35	66	Stephen Olson	42	M	Plymouth	MN	59	26:04	1:46	1:58	33	58:22	21.2	1:25	30	34:24	6:53	2:02:11
36	89	Kirk Walker	43	M	Elmhurst	IL	66	26:49	1:49	1:58	32	58:20	21.2	1:01	31	34:29	6:54	2:02:34
37	3	Troy Adams	39	M	Cloquet	MN	48	25:10	1:42	1:58	22	57:19	21.6	1:16	56	37:40	7:32	2:03:20
38	211	Matt Harrison	48	M	Duluth	MN	60	26:19	1:47	3:18	39	59:03	20.9	1:46	20	33:17	6:40	2:03:40
39	210	Christopher Selleck	35	M	Minneapolis	MN	15	21:43	1:29	1:31	24	57:37	21.5	1:21	77	41:14	8:15	2:04:14
40	61	Nathan Monette	36	M	Finlayson	MN	26	22:58	1:34	1:36	31	58:08	21.3	1:36	69	40:25	8:05	2:04:40
41	389	Duane Millslagle	60	M	Duluth	MN	45	24:44	1:41	1:46	44	1:00:03	20.6	1:51	45	36:58	7:24	2:05:18
42	69	Joshua Peterson	28	M	Minneapolis	MN	24	22:45	1:33	1:48	59	1:02:23	19.8	1:19	48	37:07	7:26	2:05:18
43	212	Skeeter Moore	47	M	Duluth	MN	47	25:00	1:42	1:54	46	1:00:20	20.5	1:14	53	37:28	7:30	2:05:54
44	79	Michael Shafirka	33	M	Thunder Bay	ON	37	23:55	1:37	2:13	58	1:02:20	19.8	1:18	51	37:21	7:29	2:07:05
45	170	Quinn Carmichael	43	M	Duluth	MN	44	24:42	1:41	2:28	43	59:46	20.7	1:49	63	38:51	7:47	2:07:34
46	38	Dan Harke	26	M	Rochester	MN	78	28:40	1:57	1:58	37	58:40	21.1	1:19	46	36:59	7:24	2:07:34
47	173	Todd Johnson	42	M	Duluth	MN	43	24:38	1:40	2:01	29	58:01	21.3	1:33	81	41:32	8:19	2:07:44
48	39	Christopher Hawes	36	M	Saint Paul	MN	38	24:17	1:39	2:26	34	58:29	21.1	2:18	72	40:39	8:08	2:08:06
49	36	Mychal Hadrich	21	M	McGregor	MN	50	25:20	1:43	3:10	70	1:04:04	19.3	1:19	34	34:38	6:56	2:08:28
50	183	Jim Metry	44	M	Duluth	MN	64	26:32	1:48	1:59	25	57:38	21.4	1:49	75	40:45	8:09	2:08:39
51	65	Shane Olson	43	M	Duluth	MN	74	27:21	1:51	1:27	77	1:04:43	19.1	1:26	28	34:21	6:53	2:09:16
52	68	Matt Onken	27	M	Roseville	MN	62	26:22	1:47	1:23	68	1:03:46	19.4	1:00	44	36:50	7:22	2:09:18
53	41	K. David Hirschey	60	M	Minneapolis	MN	13	21:39	1:28	2:46	50	1:00:53	20.3	1:58	87	42:14	8:27	2:09:27
54	57	Alfredo Martel	45	M	St. Louis Park	MN	58	26:04	1:46	1:57	64	1:02:47	19.7	1:18	57	37:57	7:36	2:10:00
55	26	Jared Dodd	26	M	Pittsfield	IL	79	28:40	1:57	2:12	65	1:03:26	19.5	2:09	25	34:01	6:49	2:10:26
56	220	Glenn Perkins	52	M	Edina	MN	41	24:28	1:40	2:49	56	1:01:47	20.0	1:37	68	40:10	8:02	2:10:48
57	82	Adam Simone	26	M	Maplewood	MN	70	26:58	1:50	2:10	67	1:03:41	19.4	2:16	43	35:56	7:12	2:10:59
58	30	Ross Ekberg	29	M	Duluth	MN	61	26:21	1:47	2:11	55	1:01:33	20.1	1:19	67	40:09	8:02	2:11:32
59	67	Nikolas Oman	23	M	Mankato	MN	77	28:39	1:57	2:37	47	1:00:27	20.4	2:02	59	38:08	7:38	2:11:51
60	74	Erik Riker-Coleman	38	M	Duluth	MN	35	23:51	1:37	2:18	69	1:03:47	19.4	1:17	76	41:09	8:14	2:12:19
61	43	Mitchell Horsch	53	M	Hastings	MN	81	29:11	1:59	2:29	54	1:01:28	20.1	2:27	52	37:27	7:30	2:13:00
62	11	Jason Benson	39	M	Lino Lakes	MN	83	29:19	1:59	1:33	57	1:01:49	20.0	1:05	65	39:26	7:54	2:13:09
63	17	Dustin Carda	31	M	Duluth	MN	27	23:02	1:34	3:46	89	1:08:54						

93	19 Eric Chandler	43 M	Duluth	MN	100	33:16	2:15	1:59	96	1:11:04	17.4	1:30	74	40:40	8:08	2:28:26
94	54 Lance Lohstreter	31 M	Brooklyn Center	MN	87	29:43	2:01	3:16	93	1:10:23	17.6	3:46	86	42:03	8:25	2:29:09
95	29 Mark Eginton	41 M	Duluth	MN	89	30:16	2:03	3:07	90	1:08:57	17.9	2:11	94	44:52	8:59	2:29:20
96	4 Rick Agar	56 M	Duluth	MN	76	27:40	1:53	2:10	94	1:10:48	17.5	1:12	101	48:43	9:45	2:30:29
97	188 Craig Weckwerth	47 M	Zumbro Falls	MN	97	32:06	2:11	4:58	106	1:19:31	15.5	2:20	17	32:42	6:33	2:31:34
98	8 Gary Andrews	46 M	Duluth	MN	101	33:57	2:18	3:30	100	1:12:24	17.1	2:00	89	42:35	8:31	2:34:23
99	59 Don Meck	71 M	Siren	WI	92	30:57	2:06	3:42	87	1:08:31	18.0	3:07	102	49:06	9:50	2:35:21
100	7 Mark Anderson	58 M	Lombard	IL	57	26:01	1:46	2:59	99	1:12:08	17.1	2:28	105	54:28	10:54	2:38:01
101	18 Thomas Champaigne	41 M	Superior	WI	82	29:16	1:59	3:49	101	1:12:35	17.0	2:16	104	53:44	10:45	2:41:38
102	176 Jed Shanley	25 M	East Grand Forks	MN	98	32:14	2:11	9:21	103	1:15:54	16.3	5:50	82	41:36	8:20	2:44:52
103	214 Andris Zakis	28 M	Bloomington	MN	103	36:13	2:27	3:19	97	1:11:04	17.4	2:12	103	52:31	10:31	2:45:16
104	215 Alex Zakis	26 M	Fpo Ae	NY	107	45:54	3:07	3:58	98	1:11:25	17.3	2:03	95	45:04	9:01	2:48:21
105	182 Brad Hirsch	27 M	Lacrosse	WI	106	41:42	2:50	3:57	102	1:13:38	16.8	4:04	96	45:53	9:11	2:49:12
106	240 Rodney Barnes	55 M	Maple Grove	MN	105	38:08	2:35	3:25	92	1:10:13	17.6	2:53	107	58:32	11:43	2:53:09
107	171 Gregory Harding	26 M	Minneapolis	MN	102	35:09	2:23	5:12	104	1:16:40	16.1	2:34	106	56:53	11:23	2:56:26

INDIVIDUAL FEMALE OVERALL RESULTS

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	200	Jenny Wilcox	36	F	Cottage Grove	MN	8	23:17	1:35	1:24	2	56:46	21.8	1:15	2	31:06	6:14	1:53:45
2	117	Diane Hankee	33	F	Lino Lakes	MN	9	23:40	1:36	1:15	1	56:24	21.9	1:00	5	33:28	6:42	1:55:45
3	131	Lesley Rockwood	38	F	Park City	UT	2	21:03	1:26	1:26	4	58:24	21.2	1:10	10	35:02	7:01	1:57:02
4	178	Angel Hohenstein	32	F	Duluth	MN	21	25:30	1:44	2:14	6	59:37	20.7	1:20	3	32:04	6:25	2:00:42
5	121	Christel Kippenhan	45	F	Bemidji	MN	3	21:34	1:28	1:24	7	1:00:22	20.5	1:05	13	36:24	7:17	2:00:46
6	142	Tina Welzien	29	F	Woodbury	MN	1	19:09	1:18	3:26	11	1:03:02	19.6	1:22	12	36:14	7:15	2:03:09
7	96	Wendy Bengtson	44	F	Chippewa Falls	WI	17	25:06	1:42	1:28	8	1:01:04	20.2	1:07	8	34:34	6:55	2:03:16
8	95	Ellen Backus	44	F	Victoria	MN	15	24:31	1:40	2:53	21	1:06:42	18.5	1:58	1	27:19	5:28	2:03:21
9	199	Jessica Rossing	25	F	Duluth	MN	10	23:49	1:37	1:38	15	1:04:57	19.0	0:58	4	33:18	6:40	2:04:37
10	99	Robin Brandt	31	F	Minneapolis	MN	18	25:13	1:43	1:55	5	58:41	21.1	1:47	14	37:03	7:25	2:04:37
11	198	Jenna Krueger	25	F	Aurora	MN	6	22:38	1:32	1:24	10	1:02:57	19.6	1:23	17	38:03	7:37	2:06:23
12	103	Tiffany Carlson	30	F	Duluth	MN	20	25:25	1:44	1:40	13	1:03:58	19.3	1:12	6	34:23	6:53	2:06:34
13	120	Sheila Kelley	35	F	Carlton	MN	16	25:02	1:42	1:35	9	1:01:53	20.0	1:19	15	37:21	7:29	2:07:07
14	130	Kristen Regas	29	F	Duluth	MN	7	23:12	1:35	1:54	19	1:05:37	18.8	1:32	11	36:13	7:25	2:08:25
15	134	Michele Schlessor	41	F	Minneapolis	MN	26	27:05	1:50	1:37	3	58:20	21.2	1:44	21	39:50	7:58	2:08:32
16	137	Marianne Stewart	37	F	Thunder Bay	ON	30	28:34	1:56	2:12	16	1:05:03	19.0	1:54	7	34:23	6:53	2:12:03
17	100	Amy Broadmoore	34	F	Duluth	MN	35	30:15	2:03	1:52	14	1:04:00	19.3	1:36	9	34:38	6:56	2:12:17
18	197	Nicole Finstad	36	F	Birchwood	WI	24	25:59	1:46	1:58	18	1:05:32	18.9	1:32	16	37:49	7:34	2:12:48
19	143	Shelby Woodworth	18	F	Hutchinson	MN	22	25:50	1:45	1:36	20	1:05:52	18.8	1:09	24	41:08	8:14	2:15:33
20	111	Amy Flessert	26	F	Superior	WI	14	24:29	1:40	3:01	23	1:08:19	18.1	1:22	18	38:43	7:45	2:15:50
21	133	Laura Schield-Jyring	45	F	Bismarck	ND	11	24:17	1:39	2:04	12	1:03:55	19.3	1:46	37	47:29	9:30	2:19:28
22	140	Kristin Walch	40	F	Duluth	MN	5	22:19	1:31	2:43	29	1:11:07	17.4	1:42	29	43:24	8:41	2:21:12
23	127	Megan Nielsen	33	F	Moose Lake	MN	13	24:22	1:39	5:45	27	1:10:52	17.4	2:00	20	39:17	7:52	2:22:13
24	109	Marey Erickson	23	F	Duluth	MN	4	22:17	1:31	3:02	39	1:16:50	16.1	1:50	19	39:05	7:49	2:23:02
25	106	Lorie Dixon	40	F	Harris	MN	41	33:41	2:17	2:31	17	1:05:29	18.9	1:18	22	40:14	8:03	2:23:10
26	110	Ann Fellman	36	F	Minneapolis	MN	32	29:16	1:59	1:43	25	1:09:55	17.7	1:41	30	43:54	8:47	2:26:26
27	179	Cheri Johnson	46	F	Aurora	MN	29	28:07	1:54	4:13	26	1:10:24	17.6	2:23	26	42:12	8:27	2:27:17
28	196	Janna Radtke	25	F	Duluth	MN	34	29:50	2:01	3:14	33	1:13:55	16.7	1:40	23	40:35	8:07	2:29:12
29	116	Caroline Hale-Coldwell	47	F	Minneapolis	MN	27	27:09	1:51	3:37	36	1:19:30	16.4	1:55	27	42:45	8:33	2:30:53
30	104	Hannah Cooperrider	22	F	Chagrin Falls	OH	40	33:26	2:16	3:53	24	1:09:41	17.7	2:43	25	41:49	8:22	2:31:30
31	195	Jessica Michaels	21	F	Duluth	MN	31	28:52	1:57	4:11	32	1:13:52	16.7	1:45	28	43:13	8:39	2:31:50
32	97	Leslie Brandt	52	F	Rochester	MN	23	25:51	1:45	3:11	30	1:11:33	17.3	2:34	39	49:10	9:50	2:32:16
33	125	Nicole Mertz	23	F	Robbinsdale	MN	45	36:11	2:27	2:31	22	1:07:12	18.4	1:44	33	44:53	8:59	2:32:28
34	221	Becca Price	25	F	Brooklyn Park	MN	28	27:23	1:51	3:29	38	1:15:44	16.3	1:46	32	44:15	8:51	2:32:34
35	136	Sarah Skolness	28	F	Duluth	MN	19	25:22	1:43	2:08	42	1:18:30	15.7	1:47	34	45:48	9:10	2:33:32
36	135	Barbara Sims	45	F	Holmen	WI	36	30:52	2:06	2:37	28	1:10:54	17.4	2:45	36	46:51	9:23	2:33:57
37	113	Kimberely Gorman	44	F	Plymouth	MN	39	32:27	2:12	2:47	35	1:14:42	16.5	2:06	35	46:30	9:18	2:38:30
38	119	Jill Kaske	39	F	Superior	WI	33	29:23	2:00	2:20	44	1:19:17	15.6	1:28	38	48:09	9:38	2:40:34
39	122	Marianne Krljic	39	F	Minneapolis	MN	48	39:38	2:41	3:40	31	1:12:08	17.1	3:56	31	43:56	8:48	2:43:15
40	114	Leah Gruhn	31	F	Duluth	MN	37	31:53	2:10	2:44	37	1:15:35	16.4	2:01	42	52:49	10:34	2:44:59
41	217	Tammy Pluym	42	F	Albuquerque	NM	42	34:26	2:20	3:12	40	1:17:56	15.9	2:19	40	51:12	10:15	2:49:02
42	102	Katie Burke	20	F	Lake Forest	IL	12	24:21	1:39	5:29	45	1:19:34	15.5	4:24	46	59:30	11:54	2:53:15
43	101	Abbe Burke	52	F	Lake Forest	IL	25	26:41	1:49	4:16	41	1:18:25	15.8	4:25	47	59:30	11:54	2:53:15
44	194	Mistica Blazeovic	30	F	Duluth	MN	44	35:44	2:25	4:06	46	1:22:31	15.0	2:06	41	51:32	10:19	2:55:56
45	141	Gretchen Warnke	40	F	Eagan	MN	43	35:36	2:25	3:16	34	1:14:33	16.6	3:45	48	1:01:01	12:13	2:58:06
46	208	Teresa Margan	30	F	Excelsior	MN	46	36:44	2:29	3:06	43	1:18:32	15.7	2:42	45	58:11	11:39	2:59:13
47	132	Rebecca Rue	32	F	Litchfield	MN	47	36:48	2:30	3:38	47	1:29:42	13.8	2:04	43	56:56	11:24	3:09:06
48	124	Amanda Marquardt	32	F	Litchfield	MN	38	32:25	2:12	7:59	48	1:29:47	13.8	2:01	44	56:57	11:24	3:09:06

FEMALE AGE GROUP RESULTS 1 - 19

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	143	Shelby Woodworth	18	F	Hutchinson	MN	1	25:50	1:45	1:36	1	1:05:52	18.8	1:09	1	41:08	8:14	2:15:33

FEMALE AGE GROUP RESULTS 20 - 24

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	109	Marey Erickson	23	F	Duluth	MN	1	22:17	1:31	3:02	4	1:16:50	16.1	1:50	1	39:05	7:49	2:23:02
2	104	Hannah Cooperrider	22	F	Chagrin Falls	OH	4	33:26	2:16	3:53	2	1:09:41	17.7	2:43	2	41:49	8:22	2:31:30
3	195	Jessica Michaels	21	F	Duluth	MN	3	28:52	1:57	4:11	3	1:13:52	16.7	1:45	3	43:13	8:39	2:31:50
4	125	Nicole Mertz	23	F	Robbinsdale	MN	5	36:11	2:27	2:31	1	1:07:12	18.4	1:44	4	44:53	8:59	2:32:28
5	102	Katie Burke	20	F	Lake Forest	IL	2	24:21	1:39	5:29	5	1:19:34	15.5	4:24	5	59:30	11:54	2:53:15

FEMALE AGE GROUP RESULTS 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	142	Tina Welzien	29	F	Woodbury	MN	1	19:09	1:18	3:26	2	1:03:02	19.6	1:22	3	36:14	7:15	2:03:09
2	199	Jessica Rossing	25	F	Duluth	MN	4	23:49	1:37	1:38	3	1:04:57	19.0	0:58	1	33:18	6:40	2:04:37
3	198	Jenna Krueger	25	F	Aurora	MN	2	22:38	1:32	1:24	1	1:02:57	19.6	1:23	4	38:03</		

10	132	Rebecca Rue	32	F	Litchfield	MN	11	36:48	2:30	3:38	10	1:29:42	13.8	2:04	9	56:56	11:24	3:09:06
11	124	Amanda Marquardt	32	F	Litchfield	MN	8	32:25	2:12	7:59	11	1:29:47	13.8	2:01	10	56:57	11:24	3:09:06

FEMALE AGE GROUP RESULTS 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	200	Jenny Wilcox	36	F	Cottage Grove	MN	2	23:17	1:35	1:24	1	56:46	21.8	1:15	1	31:06	6:14	1:53:45
2	131	Lesley Rockwood	38	F	Park City	UT	1	21:03	1:26	1:26	2	58:24	21.2	1:10	3	35:02	7:01	1:57:02
3	120	Sheila Kelley	35	F	Carlton	MN	3	25:02	1:42	1:35	3	1:01:53	20.0	1:19	4	37:21	7:29	2:07:07
4	137	Marianne Stewart	37	F	Thunder Bay	ON	5	28:34	1:56	2:12	4	1:05:03	19.0	1:54	2	34:23	6:53	2:12:03
5	197	Nicole Finstad	36	F	Birchwood	WI	4	25:59	1:46	1:58	5	1:05:32	18.9	1:32	5	37:49	7:34	2:12:48
6	110	Ann Fellman	36	F	Minneapolis	MN	6	29:16	1:59	1:43	6	1:09:55	17.7	1:41	6	43:54	8:47	2:26:26
7	119	Jill Kaske	39	F	Superior	WI	7	29:23	2:00	2:20	8	1:19:17	15.6	1:28	8	48:09	9:38	2:40:34
8	122	Marianne Krljic	39	F	Minneapolis	MN	8	39:38	2:41	3:40	7	1:12:08	17.1	3:56	7	43:56	8:48	2:43:15

FEMALE AGE GROUP RESULTS 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	96	Wendy Bengtson	44	F	Chippewa Falls	WI	3	25:06	1:42	1:28	2	1:01:04	20.2	1:07	2	34:34	6:55	2:03:16
2	95	Ellen Backus	44	F	Victoria	MN	2	24:31	1:40	2:53	4	1:06:42	18.5	1:58	1	27:19	5:28	2:03:21
3	134	Michele Schlessor	41	F	Minneapolis	MN	4	27:05	1:50	1:37	1	58:20	21.2	1:44	3	39:50	7:58	2:08:32
4	140	Kristin Walch	40	F	Duluth	MN	1	22:19	1:31	2:43	5	1:11:07	17.4	1:42	5	43:24	8:41	2:21:12
5	106	Lorie Dixon	40	F	Harris	MN	6	33:41	2:17	2:31	3	1:05:29	18.9	1:18	4	40:14	8:03	2:23:10
6	113	Kimberely Gorman	44	F	Plymouth	MN	5	32:27	2:12	2:47	7	1:14:42	16.5	2:06	6	46:30	9:18	2:38:30
7	217	Tammy Pluym	42	F	Albuquerque	NM	7	34:26	2:20	3:12	8	1:17:56	15.9	2:19	7	51:12	10:15	2:49:02
8	141	Gretchen Warnke	40	F	Eagan	MN	8	35:36	2:25	3:16	6	1:14:33	16.6	3:45	8	1:01:01	12:13	2:58:06

FEMALE AGE GROUP RESULTS 45 - 49

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	121	Christel Kippenhan	45	F	Bemidji	MN	1	21:34	1:28	1:24	1	1:00:22	20.5	1:05	1	36:24	7:17	2:00:46
2	133	Laura Schield-Jyring	45	F	Bismarck	ND	2	24:17	1:39	2:04	2	1:03:55	19.3	1:46	5	47:29	9:30	2:19:28
3	179	Cheri Johnson	46	F	Aurora	MN	4	28:07	1:54	4:13	3	1:10:24	17.6	2:23	2	42:12	8:27	2:27:17
4	116	Caroline Hale-Coldwell	47	F	Minneapolis	MN	3	27:09	1:51	3:37	5	1:15:30	16.4	1:55	3	42:45	8:33	2:30:53
5	135	Barbara Sims	45	F	Holmen	WI	5	30:52	2:06	2:37	4	1:10:54	17.4	2:45	4	46:51	9:23	2:33:57

FEMALE AGE GROUP RESULTS 50 - 54

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	97	Leslie Brandt	52	F	Rochester	MN	1	25:51	1:45	3:11	1	1:11:33	17.3	2:34	1	49:10	9:50	2:32:16
2	101	Abbe Burke	52	F	Lake Forest	IL	2	26:41	1:49	4:16	2	1:18:25	15.8	4:25	2	59:30	11:54	2:53:15

FEMALE AGE GROUP RESULTS 55 - 59

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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FEMALE AGE GROUP RESULTS 60 - 64

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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FEMALE AGE GROUP RESULTS 65 - 69

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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FEMALE AGE GROUP RESULTS 70 - 74

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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FEMALE AGE GROUP RESULTS 75 - 79

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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FEMALE AGE GROUP RESULTS 80 - 84

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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FEMALE AGE GROUP RESULTS 85 - 98

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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MALE AGE GROUP RESULTS 1 - 19

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	88	Alexander Vogel	17	M	Maple Grove	MN	1	19:43	1:20	1:41	1	1:00:19	20.5	1:02	1	34:35	6:55	1:57:18
2	46	Adam Iversen	19	M	Victoria	MN	2	25:24	1:43	2:45	2	1:08:58	17.9	1:51	2	35:37	7:08	2:14:33

MALE AGE GROUP RESULTS 20 - 24

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	174	Devon Palmer	23	M	St. Paul	MN	1	17:24	1:11	1:13	1	48:48	25.3	0:54	2	29:15	5:51	1:37:31
2	53	Chris Leiferman	24	M	Truman	MN	5	21:38	1:28	1:16	2	49:32	25.0	0:48	1	27:49	5:34	1:41:00
3	28	Reilly Dougherty	20	M	Hibbing	MN	2	17:48	1:13	0:57	6	58:34	21.1	1:12	4	29:52	5:59	1:48:20
4	192	Marc Malinoski	24	M	Duluth	MN	4	21:23	1:27	1:15	4	55:12	22.4	1:06	3	29:26	5:54	1:48:20
5	24	Greg Daw	24	M	Duluth	MN	6	21:55	1:29	1:13	3	54:40	22.6	0:50	5	33:38	6:44	1:52:13
6	21	Michael Cullen	23	M	Mankato	MN	9	24:18	1:39	2:14	5	55:25	22.3	1:25	7	34:59	7:00	1:58:19
7	6	Jeffry Anderson	23	M	Duluth	MN	7	21:59	1:30	1:43	7	58:58	21.0	1:23	8	37:12	7:27	2:01:13
8	36	Mychal Hadrich	21	M	McGregor	MN	10	25:20	1:43	3:10	9	1:04:04	19.3	1:19	6	34:38	6:56	2:08:28
9	67	Nikolas Oman	23	M	Mankato	MN	13	28:39	1:57	2:37	8	1:00:27	20.4	2:02	11	38:08	7:38	2:11:51
10	87	Jason Timmer	24	M	Stillwater	MN	3	19:25	1:19	2:05	11	1:05:44	18.8	1:22	13	46:22	9:17	2:14:56
11	34	John Greenfield	23	M	Oakdale	MN	11	25:35	1:44	1:48	13	1:08:46	18.0	1:35	9	37:18	7:28	2:15:00
12	44	Joshua Hudspeth	24	M	Saginaw	MN	12	25:52	1:45	2:02	10	1:04:35	19.1	1:55	14	47:21	9:29	2:21:43
13	83	William Simson	24	M	Duluth	MN	8	22:00	1:30	3:17	14	1:16:58	16.1	1:28	12	38:13	7:39	2:21:54
14	71	Matt Rasmussen	20	M	Chaska	MN	14	37:57	2:34	2:43	12	1:08:12	18.1	1:24	10	37:30	7:30	2:27:43

MALE AGE GROUP RESULTS 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	80	Tony Shoberg	27	M	Duluth	MN	1	19:15	1:19	1:50	3	57:55	21.3	1:01	5	35:12	7:03	1:55:11
2	33	Bennett Goiffon	29	M	Minneapolis	MN	4	23:37	1:36	1:42	1	57:43	21.4	1:03	4	34:22	6:53	1:58:24
3	45	Bobby Hurt	25	M	Menomonie	WI	3	23:17	1:35	2:03	2	57:54	21.3	1:24	6	35:33	7:07	2:00:08
4	92	Stephen Wilson	25	M	Golden Valley	MN	5	24:18	1:39	1:37	5	59:17	20.8	1:11	3	34:12	6:51	2:00:32
5	35	Ben Hadrich	27	M	McGregor	MN	9	26:32	1:48	1:50	6	59:41	20.7	1:11	1	31:37	6:20	2:00:49
6	69	Joshua Peterson	28	M	Minneapolis	MN	2	22:45	1:33	1:48	9	1:02:23	19.8	1:19	10	37:07	7:26	2:05:18
7	38	Dan Harke	26	M	Rochester	MN	12	28:40	1:57	1:58	4	58:40	21.1	1:19	9	36:59	7:24	2:07:34
8	68	Matt Onken	27	M	Roseville	MN	8	26:22	1:47	1:23	13	1:03:46	19.4	1:00	8	36:50	7:22	2:09:18
9	26	Jared Dodd	26	M	Pittsfield	IL	13	28:40	1:57	2:12	11	1:03:26	19.5	2:09	2	34:01	6:49	2:10:26
10	82	Adam Simone	26	M	Maplewood	MN	10	26:58	1:50	2:10	12	1:03:41	19.4	2:16	7	35:56	7:12	2:10:59

2 41 K. David Hirschey 60 M Minneapolis MN 1 21:39 1:28 2:46 2 1:00:53 20.3 1:58 2 42:14 8:27 2:09:27

MALE AGE GROUP RESULTS 65 - 69

Place Bib Name Age Sex City St Rank Swim 100yd Trn.1 Rank Bike Rate Trn.2 Rank Run Pace Finish

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MALE AGE GROUP RESULTS 70 - 74

Place Bib Name Age Sex City St Rank Swim 100yd Trn.1 Rank Bike Rate Trn.2 Rank Run Pace Finish

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1 59 Don Meck 71 M Siren WI 1 30:57 2:06 3:42 1 1:08:31 18.0 3:07 1 49:06 9:50 2:35:21

MALE AGE GROUP RESULTS 75 - 79

Place Bib Name Age Sex City St Rank Swim 100yd Trn.1 Rank Bike Rate Trn.2 Rank Run Pace Finish

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MALE AGE GROUP RESULTS 80 - 84

Place Bib Name Age Sex City St Rank Swim 100yd Trn.1 Rank Bike Rate Trn.2 Rank Run Pace Finish

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MALE AGE GROUP RESULTS 85 - 98

Place Bib Name Age Sex City St Rank Swim 100yd Trn.1 Rank Bike Rate Trn.2 Rank Run Pace Finish

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Total Registered: 213
Total Number of Individual Finishers: 155
Total Number of Relay Finishers: 36
Number of Male Finishers: 107
Number of Female Finishers: 48
Did not Finish Race or Did Not Start: 22