

BREWHOUSE TRIATHLON
 PIKE LAKE AAA BEACH CLUB, DULUTH, MN - AUGUST 7, 2005
 LONG COURSE: .8 Mile Swim - 20.6 Mile Bike - 5 Mile Run

Place	Div/Tot	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	1/24	1	Brian Bich	39	M	Duluth	MN	3	18:34	1:20	1:04	2	49:36	24.9	1:13	4	28:13	5:39	1:38:39
2	1/18	11	Jonathan Balabuck	25	M	Thunder Bay		5	18:42	1:20	1:05	5	52:22	23.6	1:20	1	26:42	5:21	1:40:09
3	1/23	72	Brett Lovaas	30	M	Hopkins	MN	4	18:36	1:20	1:05	3	50:56	24.3	1:20	8	29:47	5:58	1:41:42
4	2/18	134	Curt Wood	26	M	Chaska	MN	1	17:41	1:16	1:21	1	49:14	25.1	1:22	26	33:32	6:43	1:43:09
5	2/23	89	Kevin O'connor	34	M	Hamel	MN	2	18:32	1:19	1:23	13	54:35	22.6	1:09	6	29:21	5:53	1:44:58
6	1/17	83	Neil Miller	20	M	Ramsey	MN	35	23:27	1:40	1:54	7	53:02	23.3	1:25	2	26:48	5:22	1:46:34
7	2/24	18	Wade Bergner	38	M	Maiden Rock	WI	45	23:59	1:43	1:33	20	56:13	22.0	1:35	3	27:48	5:34	1:51:06
8	2/17	111	John Schoofs	24	M	St Louis Park	MN	36	23:27	1:40	1:32	6	52:48	23.4	1:14	17	32:15	6:27	1:51:14
9	3/17	69	Jason Liebsch	20	M	Maple Grove	MN	55	24:45	1:46	1:22	8	53:41	23.0	1:08	12	31:21	6:17	1:52:16
10	3/24	131	Todd White	38	M	Roseville	MN	6	19:17	1:23	1:37	35	57:32	21.5	1:40	18	32:38	6:32	1:52:42
11	1/16	98	Jim Reed	45	M	Duluth	MN	39	23:37	1:41	1:44	26	56:34	21.9					1:53:38
12	4/24	63	Todd King	36	M	Ham Lake	MN	10	20:26	1:28	1:24	27	56:40	21.8	1:26	34	34:00	6:48	1:53:55
13	3/18	262	Nick Madland	25	M	Minneapolis	MN	16	22:20	1:36	2:04	25	56:30	21.9	1:35	15	32:02	6:25	1:54:29
14	5/24	53	Jay Heikkila	37	M	Delano	MN	12	21:53	1:34	1:36	36	57:34	21.5	1:34	20	32:49	6:34	1:55:24
15	1/12	203	Cathy Yndestad	26	F	Apple Valley	MN	9	20:22	1:27	1:20	63	59:36	20.7	1:22	25	33:24	6:41	1:56:02
16	6/24	62	Eric Kemp	35	M	Grand Marias	MN	11	21:44	1:33	1:26	43	58:11	21.2	1:36	30	33:42	6:45	1:56:37
17	1/13	148	Marlo Crosby	35	F	Duluth	MN	93	27:10	1:56	1:50	11	54:14	22.8	1:35	14	31:54	6:23	1:56:41
18	4/17	37	Shane Ellis	22	M	Duluth	MN	48	24:13	1:44	2:25	32	57:15	21.6	1:52	11	31:21	6:17	1:57:05
19	1/14	253	Phillipe Chabot	40	M	Winipeg	MA	8	20:17	1:27	1:33	67	1:00:02	20.6	1:41	32	33:43	6:45	1:57:13
20	2/16	43	Dale Forde	47	M	Golden Valley	MN	28	23:06	1:39	1:46	31	57:09	21.6	1:57	27	33:35	6:43	1:57:31
21	1/10	64	Leonard Klun	51	M	Maple Plain	MN	21	22:30	1:36	2:19	29	56:55	21.7	1:46	35	34:13	6:51	1:57:40
22	3/23	96	Jaysun Pyatt	30	M	Vancouver	WA	79	26:10	1:52	2:24	30	56:58	21.7	1:45	10	30:55	6:11	1:58:10
23	4/23	80	Bob Mckenzie	33	M	Osseo	MN	120	28:19	2:01	2:34	9	54:01	22.9	1:35	13	31:51	6:23	1:58:18
24	5/17	56	Ian Holmen	15	M	Grand Marias	MN	17	22:26	1:36	1:40	38	57:46	21.4	1:59	38	34:33	6:55	1:58:22
25	3/16	27	Rick Christenson	47	M	Roseville	MN	91	27:00	1:56	2:18	4	51:54	23.8	1:35	49	35:40	7:08	1:58:26
26	4/18	105	Steve Sander	26	M	Eden Prairie	MN	100	27:24	1:57	2:20	10	54:08	22.8	2:03	19	32:39	6:32	1:58:31
27	5/23	117	Chip Tabor	33	M	Shoreview	MN	72	25:46	1:50	3:22	16	55:48	22.2					1:58:39
28	1/15	155	Sarah Foley	34	F	Cologne	MN	23	22:37	1:37	1:28	48	58:29	21.1	1:48	39	34:34	6:55	1:58:54
29	2/14	271	Dean Carpenter	44	M	Superior	WI	38	23:35	1:41	2:15	21	56:14	22.0	1:53	43	34:59	7:00	1:58:54
30	3/14	135	Kerry Yndestad	44	M	Apple Valley	MN	26	22:54	1:38	1:35	56	59:18	20.8	1:34	33	33:44	6:45	1:59:03
31	6/23	258	Borg Isaksen	32	M	Brule	WI	30	23:16	1:40	2:32	50	58:32	21.1	1:56	23	33:17	6:40	1:59:31
32	5/18	10	Justin Bakken	25	M	St Louis Park	MN	56	24:52	1:46	1:39	54	59:02	20.9	1:30	21	32:52	6:35	1:59:54
33	7/24	261	Scott Likely	37	M	Minneapolis	MN	42	23:49	1:42	2:09	64	59:38	20.7	2:23	16	32:08	6:26	2:00:05
34	7/23	31	Jason Digman	33	M	Plymouth	MN	114	27:58	2:00	1:43	15	55:09	22.4	1:41	28	33:37	6:44	2:00:06
35	6/18	79	Madison Mauze	28	M	Rochester	MN	19	22:28	1:36	2:07	58	59:20	20.8	1:56	36	34:17	6:52	2:00:06
36	8/23	15	Mitch Baures	34	M	Rochester	MN	89	26:51	1:55	1:42	28	56:43	21.8	1:31	29	33:40	6:44	2:00:25
37	8/24	124	Nathaniel Tollefson	39	M	Minneapolis	MN	32	23:19	1:40	1:54	68	1:00:12	20.5	1:59	24	33:19	6:40	2:00:41
38	6/17	90	Jonathan Olson	24	M	Edina	MN	108	27:37	1:58	1:33	14	54:40	22.6	2:16	42	34:49	6:58	2:00:53
39	4/16	57	Doug Johnson	47	M	Farmington	MN	43	23:55	1:42	1:27	34	57:26	21.5	1:27	63	36:58	7:24	2:01:12
40	2/13	205	Sara Zimmermann-White	36	F	Roseville	MN	20	22:29	1:36	1:24	51	58:39	21.1					2:01:30
41	7/17	237	Clint Agar	22	M	Duluth	MN	14	22:01	1:34	2:16	81	1:01:12	20.2	1:33	40	34:35	6:55	2:01:35
42	2/12	165	Heidi Hebert	25	F	Duluth	MN	24	22:44	1:37	2:30	62	59:33	20.8	1:53	48	35:32	7:07	2:02:10
43	9/23	68	Wade Lennox	32	M	Mora	MN	74	25:58	1:51	1:52	37	57:44	21.4					2:02:15
44	2/10	109	Bill Schmitt	51	M	Duluth	MN	40	23:41	1:41	1:50	18	56:00	22.1	2:09	81	38:43	7:45	2:02:21
45	8/17	256	Ben Cogger	20	M	Washburn	WI	185	34:18	2:27	1:56	17	55:49	22.1	2:20	5	28:44	5:45	2:03:04
46	10/23	73	Michael Luebbers	33	M	Shell Rock	IA	150	30:32	2:11	1:54	24	56:26	21.9	4:56	9	30:05	6:01	2:03:50
47	4/14	7	Todd Anderson	43	M	Minneapolis	MN	18	22:27	1:36	3:01	23	56:20	21.9					2:04:02
48	2/15	191	Jodie Taylor	33	F	Richfield	MN	84	26:25	1:53	1:37	57	59:18	20.8	1:47	45	35:10	7:02	2:04:15
49	7/18	44	Andy Freeman	27	M	Roseville	MN	109	27:38	1:58	1:23	22	56:19	21.9	1:32	67	37:30	7:30	2:04:20
50	5/16	264	Roger Rask	49	M	Duluth	MN	65	25:29	1:49	2:13	42	57:57	21.3	2:49	50	35:59	7:12	2:04:25
51	5/14	259	Michael Laughlin	43	M	Duluth	MN	53	24:31	1:45	1:48	59	59:21	20.8	2:13	60	36:43	7:21	2:04:34
52	9/24	242	David Goodin	35	M	New Brighton	MN	88	26:49	1:55	2:15	60	59:26	20.8	1:46	41	34:49	6:58	2:05:03
53	8/18	50	Brian Hanson	27	M	Chisholm	MN	142	30:10	2:09	1:38	19	56:02	22.1	1:42	52	35:59	7:12	2:05:29

172	13/16	65 James Kuronen	46	M	Duluth	MN	168	31:59	2:17	4:15	166	1:10:49	17.5	2:45	162	48:10	9:38	2:37:56
173	14/16	55 Chuck Hodgson	47	M	West St Paul	MN	129	28:49	2:03	2:56	150	1:08:08	18.1	3:38	187	54:33	10:55	2:38:02
174	21/24	61 Alan Jylha	35	M	Grand Rapids	MN	122	28:27	2:02	2:59	161	1:10:08	17.6	2:44	182	53:46	10:46	2:38:03
175	8/11	160 Colette Gutierrez	41	F	Hickory	NC	86	26:40	1:54	3:41	190	1:16:49	16.1	3:05	159	47:58	9:36	2:38:11
176	9/11	194 Lorraine Turner	43	F	Duluth	MN	34	23:25	1:40	6:55	191	1:16:53	16.1	3:02	160	47:59	9:36	2:38:11
177	10/10	49 John Haire	53	M	Duluth	MN	186	34:22	2:27	5:05	149	1:07:55	18.2	3:55	156	47:04	9:25	2:38:19
178	3/3	100 Fred Roethlisberger	62	M	River Falls	WI	144	30:14	2:09	3:19	157	1:09:11	17.9	3:45	183	53:50	10:46	2:40:17
179	1/1	156 Connie Foster	54	F	River Falls	WI	195	35:51	2:33	3:52	184	1:15:10	16.4	3:24	121	42:17	8:28	2:40:32
180	22/24	36 Mark Eginton	36	M	Duluth	MN	174	32:44	2:20	4:02	146	1:07:32	18.3	2:34	188	54:37	10:56	2:41:27
181	11/13	171 Sherri Juenemann	39	F	Minneapolis	MN	200	39:00	2:47	2:58	176	1:12:14	17.1	2:46	143	44:50	8:58	2:41:45
182	15/16	33 Tom Donofrio	45	M	Duluth	MN	189	35:17	2:31	3:38	178	1:13:03	16.9	2:46	163	48:15	9:39	2:42:58
183	12/13	162 Amy Hanson	39	F	Eden Prairie	MN	98	27:22	1:57	3:15	187	1:15:25	16.4	3:42	185	54:14	10:51	2:43:57
184	9/11	145 Allison Carland	20	F	Duluth	MN	158	31:08	2:13	3:29	185	1:15:12	16.4	4:20	171	50:47	10:10	2:44:54
185	16/16	123 Harvey Thorleifson	48	M	Minneapolis	MN	165	31:36	2:15	2:10	169	1:11:07	17.4	2:17	195	59:32	11:55	2:46:41
186	11/12	170 Dawn Johnson	28	F	Rochester	MN	104	27:31	1:58	2:35	177	1:12:50	17.0	3:14	197	1:01:42	12:21	2:47:51
187	13/14	119 Marty Tabor	42	M	Rice	MN	190	35:20	2:31	4:03	167	1:11:05	17.4	2:45	191	55:16	11:04	2:48:27
188	23/24	132 Thomas Whitney	39	M	Golden Valley	MN	175	32:51	2:20	4:10	179	1:13:46	16.8	2:30	190	55:14	11:03	2:48:31
189	10/11	175 Emily Kross	22	F	Duluth	MN	138	29:58	2:08	3:04	194	1:18:33	15.7	2:39	186	54:22	10:53	2:48:34
190	13/13	176 Debbie La Fleur	38	F	Moose Lake	MN	191	35:26	2:31	3:21	197	1:20:01	15.4	2:17	158	47:42	9:33	2:48:45
191	12/12	190 Stephanie Spang	25	F	Edina	MN	7	20:09	1:26	2:11	201	1:34:38	13.1	2:02	170	50:29	10:06	2:49:26
192	1/1	247 Ann Rhea	57	F	Plymouth	MN	136	29:35	2:07	2:57	192	1:17:41	15.9	2:28	193	56:48	11:22	2:49:27
193	4/5	244 Mike Lynch	57	M	Hudson	WI	181	33:32	2:23	3:35	173	1:11:53	17.2	4:31	194	57:34	11:31	2:51:05
194	24/24	110 John Schneider	39	M	Minneapolis	MN	201	39:10	2:47	4:11	193	1:18:01	15.8	2:02	166	48:24	9:41	2:51:46
195	5/5	248 Charles Rhea	58	M	Plymouth	MN	196	35:51	2:33	3:56	180	1:14:09	16.7	4:28	184	54:05	10:49	2:52:27
196	14/14	95 Mark Pryor	44	M	Edina	MN	193	35:43	2:33	3:33	183	1:15:05	16.5	3:28	189	55:06	11:02	2:52:53
197	10/11	151 Elaine Daniel	41	F	Woodbury	MN	194	35:46	2:33	4:03	195	1:19:32	15.5	2:52	181	53:22	10:41	2:55:32
198	11/11	157 Heidi Fredeen	44	F	Robbinsdale	MN	202	42:06	3:00	4:14	186	1:15:17	16.4	3:40	172	50:56	10:12	2:56:11
199	3/4	112 Dean Schulstrom	66	M	Coon Rapids	MN	203	46:38	3:19	3:33	181	1:14:35	16.6	3:01	173	50:58	10:12	2:58:43
200	17/17	121 Ryan Tesch	24	M	Edina	MN	63	25:18	1:48	4:53	198	1:20:19	15.4	2:50	198	1:06:01	13:13	2:59:19
201	15/15	142 Jenni Bradley	31	F	Edina	MN	49	24:14	1:44	3:45	202	1:37:24	12.7	1:58	179	52:51	10:35	3:00:11
202	11/11	180 Heidi Mckay	24	F	Cloquet	MN	188	35:16	2:31	3:00	200	1:25:14	14.5	1:51	192	56:05	11:13	3:01:24
203	4/4	35 Doug Dunham	66	M	Duluth	MN	162	31:21	2:14	5:56	196	1:19:54	15.5	4:10	196	1:00:50	12:10	3:02:10

results by Pickle Events

Results posted on: www.pickleevents.com

INDIVIDUAL MALE OVERALL RESULTS

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	1	Brian Bich	39	M	DULUTH	MN	3	18:34	1:20	1:04	2	49:36	24.9	1:13	4	28:13	5:39	1:38:39
2	11	Jonathan Balabuck	25	M	Thunder Bay		5	18:42	1:20	1:05	5	52:22	23.6	1:20	1	26:42	5:21	1:40:09
3	72	Brett Lovaas	30	M	Hopkins	MN	4	18:36	1:20	1:05	3	50:56	24.3	1:20	8	29:47	5:58	1:41:42
4	134	Curt Wood	26	M	CHASKA	MN	1	17:41	1:16	1:21	1	49:14	25.1	1:22	23	33:32	6:43	1:43:09
5	89	Kevin O'Connor	34	M	HAMEL	MN	2	18:32	1:19	1:23	12	54:35	22.6	1:09	6	29:21	5:53	1:44:58
6	83	Neil Miller	20	M	RAMSEY	MN	24	23:27	1:40	1:54	7	53:02	23.3	1:25	2	26:48	5:22	1:46:34
7	18	Wade Bergner	38	M	MAIDEN ROCK	WI	33	23:59	1:43	1:33	19	56:13	22.0	1:35	3	27:48	5:34	1:51:06
8	111	John Schoofs	24	M	St Louis Park	MN	25	23:27	1:40	1:32	6	52:48	23.4	1:14	16	32:15	6:27	1:51:14
9	69	Jason Liebsch	20	M	Maple Grove	MN	41	24:45	1:46	1:22	8	53:41	23.0	1:08	12	31:21	6:17	1:52:16
10	131	Todd White	38	M	ROSEVILLE	MN	6	19:17	1:23	1:37	34	57:32	21.5	1:40	17	32:38	6:32	1:52:42
11	98	Jim Reed	45	M	DULUTH	MN	27	23:37	1:41	1:44	25	56:34	21.9					1:53:38
12	63	Todd King	36	M	Ham Lake	MN	8	20:26	1:28	1:24	26	56:40	21.8	1:26	31	34:00	6:48	1:53:55
13	262	Nick Madland	25	M	MINNEAPOLIS	MN	13	22:20	1:36	2:04	24	56:30	21.9	1:35	14	32:02	6:25	1:54:29
14	53	Jay Heikkila	37	M	DELANO	MN	10	21:53	1:34	1:36	35	57:34	21.5	1:34	19	32:49	6:34	1:55:24
15	62	Eric Kemp	35	M	GRAND Marias	MN	9	21:44	1:33	1:26	41	58:11	21.2	1:36	27	33:42	6:45	1:56:37
16	37	Shane Ellis	22	M	DULUTH	MN	36	24:13	1:44	2:25	31	57:15	21.6	1:52	11	31:21	6:17	1:57:05
17	253	Philippe Chabot	40	M	Winnipeg	MA	7	20:17	1:27	1:33	57	1:00:02	20.6	1:41	29	33:43	6:45	1:57:13
18	43	Dale Forde	47	M	Golden Valley	MN	20	23:06	1:39	1:46	30	57:09	21.6	1:57	24	33:35	6:43	1:57:31
19	64	Leonard Klun	51	M	Maple Plain	MN	17	22:30	1:36	2:19	28	56:55	21.7	1:46	32	34:13	6:51	1:57:40
20	96	Jaysun Pyatt	30	M	Vancouver	WA	55	26:10	1:52	2:24	29	56:58	21.7	1:45	10	30:55	6:11	1:58:10

58	171	Sherri Juenemann	39	F	MINNEAPOLIS	MN	68	39:00	2:47	2:58	52	1:12:14	17.1	2:46	44	44:50	8:58	2:41:45
59	162	Amy Hanson	39	F	Eden Prairie	MN	35	27:22	1:57	3:15	58	1:15:25	16.4	3:42	64	54:14	10:51	2:43:57
60	145	Allison Carland	20	F	DULUTH	MN	57	31:08	2:13	3:29	56	1:15:12	16.4	4:20	57	50:47	10:10	2:44:54
61	170	Dawn Johsnon	28	F	ROCHESTER	MN	39	27:31	1:58	2:35	53	1:12:50	17.0	3:14	68	61:42	12:21	2:47:51
62	175	Emily Kuross	22	F	DULUTH	MN	51	29:58	2:08	3:04	63	1:18:33	15.7	2:39	65	54:22	10:53	2:48:34
63	176	Debbie La Fleur	38	F	Moose Lake	MN	63	35:26	2:31	3:21	65	1:20:01	15.4	2:17	52	47:42	9:33	2:48:45
64	190	Stephanie Spang	25	F	EDINA	MN	1	20:09	1:26	2:11	67	1:34:38	13.1	2:02	56	50:29	10:06	2:49:26
65	247	Ann Rhea	57	F	PLYMOUTH	MN	50	29:35	2:07	2:57	62	1:17:41	15.9	2:28	67	56:48	11:22	2:49:27
66	151	Elaine Daniel	41	F	WOODBURY	MN	65	35:46	2:33	4:03	64	1:19:32	15.5	2:52	63	53:22	10:41	2:55:32
67	157	Heidi Fredeen	44	F	ROBBINSDALE	MN	69	42:06	3:00	4:14	57	1:15:17	16.4	3:40	58	50:56	10:12	2:56:11
68	142	Jenni Bradley	31	F	EDINA	MN	13	24:14	1:44	3:45	68	1:37:24	12.7	1:58	61	52:51	10:35	3:00:11
69	180	Heidi McKay	24	F	CLOQUET	MN	62	35:16	2:31	3:00	66	1:25:14	14.5	1:51	66	56:05	11:13	3:01:24

DID NOT FINISH

Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
158	Cheryl Goldberg	46	F	Duluth	MN	1	29:25	2:06	2:22								
138	Annikka Anderberg	33	F	St Louis Park	MN	2	34:42	2:28	3:34	1	1:19:25	15.6					
163	Jessie Hanson	22	F	Duluth	MN								1:30				

LONG COURSE: MALE RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	278	in His grip	: Joe Miller , Scott Grover , Jake Turman												
				2	29:59	2:08	1:06	2	1:07:02	18.4	1:05	2	29:24	5:53	2:08:35
2	275	Chocolate Runaway	: Tom Fewer , Westy Nelson , Mike Mueller												
				1	28:53	2:04	1:09	3	1:16:13	16.2	1:17	1	29:13	5:51	2:16:43
3	228	THE JBG	: Jeremy Jones , Gary Gagnon , Ryan Brosious												
				4	37:24	2:40	0:57	1	1:05:59	18.7	1:12	3	33:48	6:46	2:19:20
4	268	Mickey, Matt, Robert	: Mickey , Matt , Robert												
				3	36:10	2:35	1:11	4	1:19:38	15.5	1:29	4	43:37	8:44	2:42:03

LONG COURSE: FEMALE RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	221	Schmitt Girls	: Jessica Schmitt , Jenny Schmitt , Sara Schmitt												
				1	23:03	1:39	1:18	1	1:06:16	18.7	1:29	2	42:59	8:36	2:15:03
2	214	Good Karma Sisters	: Sheryl Filby , Karma Hughes , Jeannine Brantmeyer												
				3	26:03	1:51	1:19	2	1:08:25	18.1	1:32	6	45:15	9:03	2:22:32
3	215	Gypsy Queens	: Barb Morrison , Heidi Mccabe , Trish Kloeckl												
				4	27:20	1:57	1:20	3	1:10:21	17.6	1:08	4	43:46	8:46	2:23:53
4	230	Two Woods a' Floatin'	: Julie Flotten , Heather Wood , Alison Wood												
				2	24:02	1:43	1:21	5	1:13:22	16.8	1:31	5	44:03	8:49	2:24:17
5	235	The Bee Charmers	: Nichole Huls , Kathy Fast , Karen Sirois												
				5	33:05	2:21	1:10	4	1:12:24	17.1	1:51	3	43:06	8:38	2:31:33
6	218	Just For Fun	: Sheila Boese , Jesse Schultz , Jennifer Farnhan												
				6	44:42	3:11	1:13	6	1:44:18	11.9	0:14	1	41:28	8:18	3:11:53

LONG COURSE: MIXED RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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1	233	Velocidad	:	Kyle Hartle , Steven Hohenstein , Angel Hohenstein	2	21:27	1:32	1:09	1	53:33	23.1	1:10	1	31:18	6:16	1:48:35
2	226	Team Scrabble	:	Kathryn Sederberg , Andrew Minck , Will Ashenmacher	5	24:40	1:46	1:10	2	54:02	22.9	1:10	2	33:04	6:37	1:54:05
3	227	The Brew Crew	:	Hillary Hilligoss , Michael Duffy , Don Hilligoss	8	25:11	1:48	1:05	3	1:01:39	20.0	1:15	5	35:13	7:03	2:04:22
4	225	Team S.L.U.T	:	Jaime Berglund , Terry Ellevold , Adam Marksteiner	7	25:09	1:48	1:39	9	1:08:09	18.1	1:13	3	33:21	6:41	2:09:30
5	219	Loon Lakers	:	Carrie Stolar , Melissa Hanson , Brad Hanson	1	20:04	1:26	1:04	10	1:08:47	18.0	1:22	11	40:59	8:12	2:12:13
6	222	Small Dog Syndrome	:	Hannah Solarz , Robert Giuliani , Alex Sanchez	12	28:16	2:01	1:05	4	1:02:54	19.7	1:11	8	39:23	7:53	2:12:47
7	212	enviros	:	Melissa Rauner , Trent Wickman , Emily Beresford	6	25:00	1:47	1:34	6	1:05:05	19.0	1:20	9	40:02	8:01	2:12:59
8	213	GCJ Racers	:	Greg Follmer , Colin Reichhoff , Julie Reichhoff	10	26:18	1:53	1:11	7	1:07:40	18.3	1:33	6	38:14	7:39	2:14:55
9	208	Born to Fly	:	Lisa , Matt , Lisa	14	30:33	2:11	1:08	8	1:08:07	18.1	1:28	7	38:25	7:41	2:19:39
10	234	The Treadals	:	Allison Kucera , David Schunk , Theresa Kucera	3	22:58	1:38	0:57	5	1:03:17	19.5	1:33	16	54:07	10:50	2:22:51
11	231	Yamoski	:	Jessie Deegan , Jerry Olson , Robert Olson	4	24:05	1:43	1:06	13	1:15:49	16.3	1:27	12	42:08	8:26	2:24:32
12	223	Spike and Kel	:	Duane Millslagle , Duane Millslagle , Kelli Millslagle	9	25:56	1:51	1:31	12	1:11:43	17.2	1:34	15	47:30	9:30	2:28:13
13	220	MaCtowners	:	Mychal Hadrich , Anna Carlson , Andy Carlstrom	15	32:24	2:18	1:08	15	1:21:14	15.2	1:15	4	33:32	6:43	2:29:30
14	207	Aim For North Beach	:	Aimee J. Arikian , Eric A. North , Heather M. Beach	11	28:05	2:00	1:26	16	1:23:34	14.8	1:48	14	46:48	9:22	2:41:39
15	232	Last Minute	:	Lisa Lundberg , Amy Carlson , Mike Siers	17	41:22	2:57	1:14	14	1:15:55	16.3	1:43	13	42:59	8:36	2:43:11
16	206	123	:	Paul Bartlam , Danielle Lindberg , Glen Drexler	13	28:19	2:01	1:10	17	1:34:07	13.1	1:22	10	40:45	8:09	2:45:41
17	216	HAF A SX PAK	:	Ben Knutson , Joe Caruso , Kris Bushey	16	33:12	2:22	1:13	11	1:09:04	17.9	1:53	17	1:04:41	12:57	2:50:02

LONG COURSE: SILVER RELAY RESULTS

Place	Bib	TEAM	MEMBERS:	SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	269	Better N Chedar	:	Dave Malban , Mike Reuter , Kevin Peterson	1	22:41	1:37	1:22	1	54:46	22.6	1:55	1	29:46	5:58	1:50:28
2	211	Dad and Lads	:	Michael Alcivar , Thomas Alcivar , Miguel Alcivar	6	30:11	2:09	0:54	2	57:25	21.5	1:05	2	31:55	6:23	2:01:27
3	210	Carey's Concern	:	Tim Hansen , Tracey Carey , Tim Hansen	3	23:52	1:42	1:12	4	1:03:31	19.5	1:21	4	33:59	6:48	2:03:53
4	224	Team Carey	:	John Carey , Bob Carey , John Carey	2	23:09	1:39	1:05	5	1:06:31	18.6	1:22	3	33:19	6:40	2:05:25
5	209	Cajun Scandihoovisons	:	Jon Swenson-Tellekso , Linnea Swenson-Telle , Kenton Johnson	4	25:41	1:50	1:19	6	1:07:44	18.2	1:22	5	35:06	7:02	2:11:10
6	229	This Ain't No Disco	:	Kevin Taddonio , Don Duffy , Beth Duffy	5	29:07	2:05	0:42	3	1:02:23	19.8	1:34	6	42:37	8:32	2:16:21

TOP TEN SWIM TIMES

PLACE	NAME	CITY	ST	AGE	S	Swim	100
=====	=====	=====	=====	=====	=====	Time	yds
1	Curt Wood	CHASKA	MN	26	M	17:41	1:16

2	Kevin O'Connor	HAMEL	MN	34	M	18:32	1:19
3	Brian Bich	DULUTH	MN	39	M	18:34	1:20
4	Brett Lovaas	Hopkins	MN	30	M	18:36	1:20
5	Jonathan Balabuck	Thunder Bay		25	M	18:42	1:20
6	Todd White	ROSEVILLE	MN	38	M	19:17	1:23
7	Stephanie Spang	EDINA	MN	25	F	20:09	1:26
8	Philippe Chabot	Winnipeg	MA	40	M	20:17	1:27
9	Cathy Yndestad	Apple Valley	MN	26	F	20:22	1:27
10	Todd King	Ham Lake	MN	36	M	20:26	1:28

TOP TEN BIKE TIMES

PLACE	NAME	CITY	ST	AGE	S	Bike Time	mph
1	Curt Wood	CHASKA	MN	26	M	00:49:14	25.1
2	Brian Bich	DULUTH	MN	39	M	00:49:36	24.9
3	Brett Lovaas	Hopkins	MN	30	M	00:50:56	24.3
4	Rick Christenson	ROSEVILLE	MN	47	M	00:51:54	23.8
5	Jonathan Balabuck	Thunder Bay		25	M	00:52:22	23.6
6	John Schoofs	St Louis Park	MN	24	M	00:52:48	23.4
7	Neil Miller	RAMSEY	MN	20	M	00:53:02	23.3
8	Jason Liebsch	Maple Grove	MN	20	M	00:53:41	23.0
9	Bob McKenzie	Osseo	MN	33	M	00:54:01	22.9
10	Steve Sander	Eden Prairie	MN	26	M	00:54:08	22.8

TOP TEN RUN TIMES

PLACE	NAME	CITY	ST	AGE	S	Run Time	Pace
1	Jonathan Balabuck	Thunder Bay		25	M	26:42	5:21
2	Neil Miller	RAMSEY	MN	20	M	26:48	5:22
3	Wade Bergner	MAIDEN ROCK	WI	38	M	27:48	5:34
4	Brian Bich	DULUTH	MN	39	M	28:13	5:39
5	Ben Cogger	WASHBURN	WI	20	M	28:44	5:45
6	Kevin O'Connor	HAMEL	MN	34	M	29:21	5:53
7	Graham Baird	MINNEAPOLIS	MN	29	M	29:37	5:56
8	Brett Lovaas	Hopkins	MN	30	M	29:47	5:58
9	Michael Luebbers	Shell Rock	IA	33	M	30:05	6:01
10	Jaysun Pyatt	Vancouver	WA	30	M	30:55	6:11

BREWHOUSE TRIATHLON

PIKE LAKE AAA BEACH CLUB, DULUTH, MN - AUGUST 7, 2005
LONG COURSE: AGE GROUP RESULTS

FEMALE AGE GROUP 24 - UNDER

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	177	Thea Larson	23	F	Madison	WI	3	25:07	1:47	2:23	1	1:01:48	20.0	2:04	3	39:02	7:49	2:10:22
2	198	Kristen Vidlak	22	F	Thunder Bay		4	26:14	1:52	1:48	4	1:04:56	19.0	2:05	1	35:26	7:06	2:10:27
3	647	Kari Reed	19	F	Duluth	MN	1	22:06	1:35	2:00	5	1:05:28	18.9	2:43	4	40:32	8:07	2:12:47
4	186	Jane Ostlie	23	F	Grand Forks	ND	8	30:13	2:09	3:03	3	1:04:12	19.3	1:32	2	38:27	7:42	2:17:25
5	192	Sandy Thiel	21	F	Duluth	MN	5	27:07	1:56	1:40	6	1:05:36	18.8	1:33	6	42:42	8:33	2:18:36
6	153	Emily Esch	19	F	Rochester	MN	2	25:03	1:47	2:11	7	1:09:39	17.7	1:41	5	42:07	8:26	2:20:40
7	187	Hallie Pattee	23	F	Minneapolis	MN	6	28:57	2:04	1:35	2	1:02:38	19.7	2:17	8	46:34	9:19	2:22:00
8	193	Lisa Tracy	23	F	Osseo	MN	10	33:08	2:22	2:38	8	1:11:07	17.4	1:57	7	43:45	8:45	2:32:33
9	145	Allison Carland	20	F	Duluth	MN	9	31:08	2:13	3:29	9	1:15:12	16.4	4:20	9	50:47	10:10	2:44:54
10	175	Emily Kuross	22	F	Duluth	MN	7	29:58	2:08	3:04	10	1:18:33	15.7	2:39	10	54:22	10:53	2:48:34
11	180	Heidi Mckay	24	F	Cloquet	MN	11	35:16	2:31	3:00	11	1:25:14	14.5	1:51	11	56:05	11:13	3:01:24

12 163 Jessie Hanson 22 F Duluth MN 1:30

MALE AGE GROUP 24 - UNDER

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	83	Neil Miller	20	M	Ramsey	MN	2	23:27	1:40	1:54	2	53:02	23.3	1:25	1	26:48	5:22	1:46:34
2	111	John Schoofs	24	M	St Louis Park	MN	3	23:27	1:40	1:32	1	52:48	23.4	1:14	5	32:15	6:27	1:51:14
3	69	Jason Liebsch	20	M	Maple Grove	MN	6	24:45	1:46	1:22	3	53:41	23.0	1:08	4	31:21	6:17	1:52:16
4	37	Shane Ellis	22	M	Duluth	MN	4	24:13	1:44	2:25	6	57:15	21.6	1:52	3	31:21	6:17	1:57:05
5	90	Jonathan Olson	24	M	Edina	MN	8	27:37	1:58	1:33	4	54:40	22.6	2:16	7	34:49	6:58	2:00:53
6	237	Clint Agar	22	M	Duluth	MN	1	22:01	1:34	2:16	8	1:01:12	20.2	1:33	6	34:35	6:55	2:01:35
7	256	Ben Cogger	20	M	Washburn	WI	15	34:18	2:27	1:56	5	55:49	22.1	2:20	2	28:44	5:45	2:03:04
8	91	Jacob Pederson	24	M	Roseville	MN	9	28:13	2:01	1:29	11	1:04:05	19.3	1:49	8	36:42	7:21	2:12:17
9	93	Joshua Pohlman	18	M	Grand Forks	ND	10	28:35	2:02	2:58	9	1:01:58	19.9	2:19	9	40:00	8:00	2:15:47
10	52	Jason Hedlund	19	M	St Michael	MN	12	31:50	2:16	2:35	7	1:00:15	20.5	2:07	11	40:13	8:03	2:16:57
11	8	Joshua Appleman	18	M	Minneapolis	MN	5	24:21	1:44	2:36	15	1:10:15	17.6	3:09	12	41:23	8:17	2:21:42
12	277	Michael Tangen	22	M	St Paul	MN	13	32:15	2:18	2:11	10	1:02:22	19.8	1:48	13	44:27	8:54	2:23:00
13	97	Tyler Ramaker	22	M	Stewartville	MN	14	34:17	2:27	2:38	12	1:04:35	19.1	1:36	10	40:01	8:01	2:23:06
14	38	Brian English	22	M	Stewartville	MN	11	28:41	2:03	2:25	14	1:06:28	18.6	1:37	15	47:16	9:28	2:26:25
15	40	Alec Erdmann	23	M	Duluth	MN	16	35:07	2:30	3:12	13	1:06:20	18.6	1:54	14	45:05	9:01	2:31:36
16	121	Ryan Tesch	24	M	Edina	MN	7	25:18	1:48	4:53	16	1:20:19	15.4	2:50	16	1:06:01	13:13	2:59:19

FEMALE AGE GROUP 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	203	Cathy Yndestad	26	F	Apple Valley	MN	2	20:22	1:27	1:20	2	59:36	20.7	1:22	1	33:24	6:41	1:56:02
2	165	Heidi Hebert	25	F	Duluth	MN	3	22:44	1:37	2:30	1	59:33	20.8	1:53	2	35:32	7:07	2:02:10
3	182	Molly Moilanen	29	F	St Louis Park	MN	11	31:07	2:13	2:00	4	1:04:10	19.3	2:06	3	37:21	7:29	2:16:42
4	161	Karin Hamilton	28	F	Minneapolis	MN	5	27:31	1:58	2:35	5	1:07:54	18.2	2:12	5	41:02	8:13	2:21:12
5	149	Gina Czech	29	F	St Paul	MN	9	29:16	2:05	2:23	6	1:09:29	17.8	2:38	4	38:38	7:44	2:22:23
6	185	Kathy Noah	27	F	Stillwater	MN	10	30:04	2:09	2:30	3	1:03:40	19.4	2:11	7	45:25	9:05	2:23:49
7	181	Kate Mills	26	F	Duluth	MN	7	27:57	2:00	4:25	7	1:09:32	17.8	1:59	6	44:37	8:56	2:28:28
8	199	Kelly Warden	28	F	St Louis Park	MN	8	28:25	2:02	3:50	9	1:11:28	17.3	2:33	9	48:32	9:43	2:34:46
9	137	Heather Ahlstrom	28	F	Gig Harbor	WA	4	26:00	1:51	2:50	8	1:10:12	17.6	2:54	11	53:07	10:38	2:35:02
10	166	Deanne Horter	28	F	Savage	MN	12	33:19	2:22	2:33	10	1:12:00	17.2	2:34	8	46:42	9:21	2:37:06
11	170	Dawn Johnson	28	F	Rochester	MN	6	27:31	1:58	2:35	11	1:12:50	17.0	3:14	12	1:01:42	12:21	2:47:51
12	190	Stephanie Spang	25	F	Edina	MN	1	20:09	1:26	2:11	12	1:34:38	13.1	2:02	10	50:29	10:06	2:49:26

MALE AGE GROUP 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	11	Jonathan Balabuck	25	M	Thunder Bay		2	18:42	1:20	1:05	2	52:22	23.6	1:20	1	26:42	5:21	1:40:09
2	134	Curt Wood	26	M	Chaska	MN	1	17:41	1:16	1:21	1	49:14	25.1	1:22	6	33:32	6:43	1:43:09
3	262	Nick Madland	25	M	Minneapolis	MN	3	22:20	1:36	2:04	6	56:30	21.9	1:35	3	32:02	6:25	1:54:29
4	105	Steve Sander	26	M	Eden Prairie	MN	9	27:24	1:57	2:20	3	54:08	22.8	2:03	4	32:39	6:32	1:58:31
5	10	Justin Bakken	25	M	St Louis Park	MN	7	24:52	1:46	1:39	8	59:02	20.9	1:30	5	32:52	6:35	1:59:54
6	79	Madison Mauze	28	M	Rochester	MN	4	22:28	1:36	2:07	9	59:20	20.8	1:56	7	34:17	6:52	2:00:06
7	44	Andy Freeman	27	M	Roseville	MN	10	27:38	1:58	1:23	5	56:19	21.9	1:32	9	37:30	7:30	2:04:20
8	50	Brian Hanson	27	M	Chisholm	MN	14	30:10	2:09	1:38	4	56:02	22.1	1:42	8	35:59	7:12	2:05:29
9	9	Graham Baird	29	M	Minneapolis	MN	18	37:02	2:38	2:21	7	58:51	21.0	1:47	2	29:37	5:56	2:09:36
10	113	James Skjong	27	M	Minneapolis	MN	15	30:18	2:10	2:16	10	59:32	20.8	2:08	10	39:05	7:49	2:13:16
11	74	Mark Lykins	26	M	South St Paul	MN	5	23:44	1:42	4:32	13	1:02:43	19.7	3:07	14	45:29	9:06	2:19:32
12	116	Brandin Stephenson	25	M	Ashland	WI	12	28:11	2:01	3:57	12	1:02:30	19.8	3:03	12	42:10	8:26	2:19:48
13	28	Rob Cronin	29	M	Minneapolis	MN	17	32:39	2:20	1:52	11	1:01:09	20.2	2:17	11	42:00	8:24	2:19:55
14	41	Ryan Erdmann	28	M	Minneapolis	MN	8	26:12	1:52	3:03	16	1:05:23	18.9	1:59	15	48:01	9:37	2:24:37
15	48	Aaron Hagen	28	M	St Cloud	MN	6	24:37	1:45	2:09	15	1:05:14	18.9	2:29	17	51:30	10:18	2:25:58
16	276	David Shiroma	26	M	Edina	MN	11	27:59	2:00	3:22	14	1:03:30	19.5	2:28	18	52:22	10:29	2:29:39
17	88	Mitch Noah	26	M	Stillwater	MN	13	28:37	2:02	3:10	18	1:08:41	18.0	2:18	16	48:17	9:40	2:31:01
18	84	Dylan Mills	27	M	Duluth	MN	16	30:55	2:12	4:29	17	1:07:45	18.2	3:44	13	44:38	8:56	2:31:29

FEMALE AGE GROUP 30 - 34

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	155	Sarah Foley	34	F	Cologne	MN	1	22:37	1:37	1:28	2	58:29	21.1	1:48	2	34:34	6:55	1:58:54
2	191	Jodie Taylor	33	F	Richfield	MN	11	26:25	1:53	1:37	3	59:18	20.8	1:47	3	35:10	7:02	2:04:15
3	265	Ann Sudon	34	F	Duluth	MN	2	22:52	1:38	2:29	11	1:05:47	18.8	2:14	1	32:59	6:36	2:06:19
4	172	Dawn Keller	32	F	Shell Rock	IA	13	28:50	2:03	2:34	1	58:21	21.2	1:39	5	36:30	7:18	2:07:51
5	167	Stefanie Horvath	34	F	Minneapolis	MN	10	26:11	1:52	3:03	4	1:01:41	20.0	2:14	7	38:35	7:43	2:11:41
6	202	Connie Wurst	32	F	Chaska	MN	6	25:29	1:49	3:37	6	1:03:40	19.4	1:51	6	37:47	7:34	2:12:22
7	240	Leanne Bronson	34	F	Superior	WI	5	25:18	1:48	2:01	8	1:04:12	19.3	2:01	9	40:44	8:09	2:14:14
8	267	Andrea Wuebker	30	F	Washington	DC	9	26:10	1:52	2:48	5	1:02:36	19.7	2:11	10	41:01	8:13	2:14:44
9	141	Veronica Bond	33	F	Rochester	MN	3	23:29	1:41	2:27	9	1:04:55	19.0	2:17	11	41:38	8:20	2:14:44
10	274	Tesha Distad	30	F	Edina	MN	14	28:57	2:04	2:28	10	1:05:23	18.9	1:57	4	36:11	7:15	2:14:54
11	150	Nissa Dalager	30	F	St Paul	MN	7	25:30	1:49	3:01	12	1:07:25	18.3	2:31	8	40:17	8:04	2:18:42
12	184	Lindsay Nelson	31	F	Plymouth	MN	12	27:24	1:57	2:39					12	43:58	8:48	2:23:39
13	146	Autumn Connell	32	F	St Paul	MN	15	30:47	2:12	2:28	7	1:04:07	19.3	2:29	13	45:40	9:08	2:25:29
14	251	Heidi Brown	34	F	Rush City	MN	8	25:32	1:49	5:07	13	1:15:03	16.5	2:13	14	45:45	9:09	2:33:38
15	142	Jenni Bradley	31	F	Edina	MN	4	24:14	1:44	3:45	15	1:37:24	12.7	1:58	15	52:51	10:35	3:00:11
16	138	Annikka Anderberg	33	F	St Louis Park	MN	16	34:42	2:28	3:34	14	1:19:25	15.6					

MALE AGE GROUP 30 - 34

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	72	Brett Lovaas	30	M	Hopkins	MN	2	18:36	1:20	1:05	1	50:56	24.3	1:20	2	29:47	5:58	1:41:42
2	89	Kevin O'connor	34	M	Hamel	MN	1	18:32	1:19	1:23	3	54:35	22.6	1:09	1	29:21	5:53	1:44:58
3	96	Jaysun Pyatt	30	M	Vancouver	WA	12	26:10	1:52	2:24	8	56:58	21.7	1:45	4	30:55	6:11	1:58:10
4	80	Bob Mckenzie	33	M	Osseo	MN	16	28:19	2:01	2:34	2	54:01	22.9	1:35	5	31:51	6:23	1:58:18
5	117	Chip Tabor	33	M	Shoreview	MN	9	25:46	1:50	3:22	5	55:48	22.2					1:58:39
6	258	Borg Isaksen	32	M	Brule	WI	3	23:16	1:40	2:32	13	58:32	21.1	1:56	6	33:17	6:40	1:59:31
7	31	Jason Digman	33	M	Plymouth	MN	15	27:58	2:00	1:43	4	55:09	22.4	1:41	7	33:37	6:44	2:00:06
8	15	Mitch Baures	34	M	Rochester	MN	14	26:51	1:55	1:42	7	56:43	21.8	1:31	8	33:40	6:44	2:00:25
9	68	Wade Lennox	32	M	Mora	MN	11	25:58	1:51	1:52	10	57:44	21.4					2:02:15
10	73	Michael Luebbers	33	M	Shell Rock	IA	19	30:32	2:11	1:54	6	56:26	21.9	4:56	3	30:05	6:01	2:03:50
11	133	Andrew Wilhorn	33	M	Rochester	MN	13	26:46	1:55	2:22	11	57:49	21.4	2:04	9	36:43	7:21	2:05:44
12	236	Troy Adams	33	M	Cloquet	MN	10	25:51	1:51	2:09	9	57:22	21.5	1:46	15	41:25	8:17	2:08:30
13	243	Lance Hauge	34	M	St Louis Park	MN	5	24:05	1:43	2:01	17	1:04:24	19.2	1:56	10	37:25	7:29	2:09:50
14	101	Moises Romero	32	M	Duluth	MN	8	25:40	1:50	1:33	12	58:18	21.2	1:58	17	42:58	8:36	2:10:26
15	245	Chris Morris	33	M	Proctor	MN	17	28:40	2:03	2:11	14	59:46	20.7	1:41	13	38:54	7:47	2:11:09
16	34	Paul Dooley	32	M	Nisswa	MN	4	23:56	1:42	2:17	15	1:02:33	19.8	1:56	16	42:32	8:31	2:13:12
17	273	John Freemon	30	M	Blaine	MN	6	25:13	1:48	3:01	18	1:06:10	18.7	1:29	12	38:24	7:41	2:14:15
18	76	James Makepeace	30	M	Alexandria	MN	7	25:30	1:49	2:22	19	1:06:20	18.6	1:58	19	43:15	8:39	2:19:23
19	32	Branko Djurich	32	M	Oakdale	MN	23	32:55	2:21	3:31	16	1:03:31	19.5	2:20	14	40:25	8:05	2:22:40
20	75	Andrew Magill	33	M	Minneapolis	MN	20	30:41	2:11	4:58	22	1:06:48	18.5	4:03	11	38:10	7:38	2:24:37
21	71	Mike Littler	34	M	Woodbury	MN	22	31:14	2:14	2:22	21	1:06:44	18.5	2:52	18	42:59	8:36	2:26:09
22	5	Chad Anderson	32	M	St Paul	MN	18	30:08	2:09	3:41	23	1:11:12	17.4	2:34	20	43:27	8:42	2:30:58
23	115	Tony Stack	34	M	Cottage Grove	MN	21	30:42	2:11	3:02	20	1:06:41	18.5	2:46	21	52:13	10:27	2:35:22

FEMALE AGE GROUP 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	148	Marlo Crosby	35	F	Duluth	MN	5	27:10	1:56	1:50	1	54:14	22.8	1:35	1	31:54	6:23	1:56:41
2	205	Sara Zimmermann-White	36	F	Roseville	MN	1	22:29	1:36	1:24	2	58:39	21.1					2:01:30
3	188	Sandy Rasmussen	38	F	Melrose	MN	2	23:09	1:39	2:35	3	1:01:30	20.1	1:56	3	38:02	7:37	2:07:09
4	164	Patti Harvieux	39	F	Duluth	MN	7	27:23	1:57	2:21	4	1:01:51	20.0	2:21	2	35:59	7:12	2:09:54
5	174	Kris Kolenz	39	F	Duluth	MN	4	26:31	1:53	1:59	7	1:02:21	19.8	1:59	4	39:52	7:59	2:12:39
6	189	Christine Schmit	35	F	Rochester	MN	3	24:17	1:44	1:35	6	1:02:12	19.9	2:05	5	42:39	8:32	2:12:47
7	140	Dee Bartlam	36	F	Duluth	MN	8	27:35	1:58	2:48	5	1:01:55	20.0	2:49	11	52:44	10:33	2:27:49
8	252	Carol Cafferty	39	F	Edina	MN	9	29:17	2:05	2:41	10	1:10:10	17.6	2:23	6	44:08	8:50	2:28:37

9	168	Martha Hotchkiss	39	F	Corvallis	OR	10	31:33	2:15	2:34	9	1:08:30	18.0	2:46	8	44:51	8:59	2:30:13
10	143	Cathy Bryan	39	F	Minneapolis	MN	12	36:50	2:37	2:51	8	1:07:04	18.4	2:36	9	45:03	9:01	2:34:22
11	171	Sherri Juenemann	39	F	Minneapolis	MN	13	39:00	2:47	2:58	11	1:12:14	17.1	2:46	7	44:50	8:58	2:41:45
12	162	Amy Hanson	39	F	Eden Prairie	MN	6	27:22	1:57	3:15	12	1:15:25	16.4	3:42	12	54:14	10:51	2:43:57
13	176	Debbie La Fleur	38	F	Moose Lake	MN	11	35:26	2:31	3:21	13	1:20:01	15.4	2:17	10	47:42	9:33	2:48:45

MALE AGE GROUP 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	1	Brian Bich	39	M	Duluth	MN	1	18:34	1:20	1:04	1	49:36	24.9	1:13	2	28:13	5:39	1:38:39
2	18	Wade Bergner	38	M	Maiden Rock	WI	9	23:59	1:43	1:33	3	56:13	22.0	1:35	1	27:48	5:34	1:51:06
3	131	Todd White	38	M	Roseville	MN	2	19:17	1:23	1:37	5	57:32	21.5	1:40	4	32:38	6:32	1:52:42
4	63	Todd King	36	M	Ham Lake	MN	3	20:26	1:28	1:24	4	56:40	21.8	1:26	9	34:00	6:48	1:53:55
5	53	Jay Heikkila	37	M	Delano	MN	5	21:53	1:34	1:36	6	57:34	21.5	1:34	5	32:49	6:34	1:55:24
6	62	Eric Kemp	35	M	Grand Marias	MN	4	21:44	1:33	1:26	7	58:11	21.2	1:36	7	33:42	6:45	1:56:37
7	261	Scott Likely	37	M	Minneapolis	MN	8	23:49	1:42	2:09	9	59:38	20.7	2:23	3	32:08	6:26	2:00:05
8	124	Nathaniel Tollefson	39	M	Minneapolis	MN	7	23:19	1:40	1:54	10	1:00:12	20.5	1:59	6	33:19	6:40	2:00:41
9	242	David Goodin	35	M	New Brighton	MN	11	26:49	1:55	2:15	8	59:26	20.8	1:46	10	34:49	6:58	2:05:03
10	67	Dave Law	37	M	Canada	MN	17	28:32	2:02	2:24	13	1:00:53	20.3	2:16	8	33:43	6:45	2:07:46
11	77	Chris Mandery	38	M	Savage	MN	10	25:42	1:50	2:14	15	1:03:25	19.5	2:01	11	36:34	7:19	2:09:56
12	92	Michael Pederson	39	M	St Paul	MN	19	30:20	2:10	2:15	2	54:21	22.7	2:05	15	41:16	8:16	2:10:14
13	107	Anthony Sarrack	39	M	Elk River	MN	6	22:34	1:37	2:45	19	1:05:58	18.7	1:38	12	37:38	7:32	2:10:31
14	118	Gary Tabor	38	M	Thunder Bay, Ontar		14	27:33	1:58	2:21	12	1:00:50	20.3	1:55	13	38:36	7:44	2:11:14
15	127	Mitch Vars	36	M	Minneapolis	MN	13	27:16	1:57	2:52	14	1:02:29	19.8	2:03	14	39:22	7:53	2:14:00
16	114	Parrish Skrien	36	M	Nicollet	MN	12	26:55	1:55	2:02	16	1:03:49	19.4	2:03	17	43:11	8:39	2:17:58
17	45	Bryan French	35	M	Duluth	MN	15	27:34	1:58	2:31	11	1:00:41	20.4	2:03	19	45:54	9:11	2:18:42
18	58	Todd Johnson	37	M	Duluth	MN	18	28:58	2:04	4:34	17	1:04:17	19.2	2:55	18	44:16	8:52	2:24:58
19	59	Mark Johnston	37	M	Golden Valley	MN	20	31:04	2:13	2:09	21	1:08:08	18.1	2:02	16	41:54	8:23	2:25:15
20	255	Mike Clabaugh	37	M	Duluth	MN	23	38:41	2:45	3:08	18	1:04:34	19.1	2:35	20	46:23	9:17	2:35:20
21	61	Alan Jylha	35	M	Grand Rapids	MN	16	28:27	2:02	2:59	22	1:10:08	17.6	2:44	22	53:46	10:46	2:38:03
22	36	Mark Eginton	36	M	Duluth	MN	21	32:44	2:20	4:02	20	1:07:32	18.3	2:34	23	54:37	10:56	2:41:27
23	132	Thomas Whitney	39	M	Golden Valley	MN	22	32:51	2:20	4:10	23	1:13:46	16.8	2:30	24	55:14	11:03	2:48:31
24	110	John Schneider	39	M	Minneapolis	MN	24	39:10	2:47	4:11	24	1:18:01	15.8	2:02	21	48:24	9:41	2:51:46

FEMALE AGE GROUP 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	147	Michelle Creasman	42	F	Faribault	MN	5	26:08	1:52	1:54	5	1:00:37	20.4	1:38	2	35:26	7:06	2:05:41
2	204	Pamela Zachman	40	F	Golden Valley	MN	1	23:04	1:39	1:23	2	58:25	21.2	1:49	6	41:32	8:19	2:06:12
3	197	Joan Van Camp	41	F	Excelsior	MN	9	30:15	2:09	1:46	1	57:49	21.4	2:11	1	34:20	6:52	2:06:20
4	246	Suzann Mouw	41	F	White Bear Lake	MN	2	23:19	1:40	1:44	4	1:00:37	20.4	1:57	5	40:54	8:11	2:08:29
5	169	Kathryn Jensen	41	F	St Paul	MN	4	25:59	1:51	2:40	6	1:03:13	19.6	2:32	3	40:33	8:07	2:14:55
6	201	Leigh Wright	41	F	Proctor	MN	7	27:12	1:56	2:05	7	1:05:00	19.0	2:21	4	40:37	8:08	2:17:13
7	179	Anne Marchand	41	F	Eden Prairie	MN	8	27:18	1:57	3:12	3	58:59	21.0	3:15	10	52:31	10:31	2:25:13
8	160	Colette Gutierrez	41	F	Hickory	NC	6	26:40	1:54	3:41	9	1:16:49	16.1	3:05	7	47:58	9:36	2:38:11
9	194	Lorraine Turner	43	F	Duluth	MN	3	23:25	1:40	6:55	10	1:16:53	16.1	3:02	8	47:59	9:36	2:38:11
10	151	Elaine Daniel	41	F	Woodbury	MN	10	35:46	2:33	4:03	11	1:19:32	15.5	2:52	11	53:22	10:41	2:55:32
11	157	Heidi Fredeen	44	F	Robbinsdale	MN	11	42:06	3:00	4:14	8	1:15:17	16.4	3:40	9	50:56	10:12	2:56:11

MALE AGE GROUP 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	253	Philippe Chabot	40	M	Winnipeg	MA	1	20:17	1:27	1:33	6	1:00:02	20.6	1:41	1	33:43	6:45	1:57:13
2	271	Dean Carpenter	44	M	Superior	WI	4	23:35	1:41	2:15	1	56:14	22.0	1:53	3	34:59	7:00	1:58:54
3	135	Kerry Yndestad	44	M	Apple Valley	MN	3	22:54	1:38	1:35	4	59:18	20.8	1:34	2	33:44	6:45	1:59:03
4	7	Todd Anderson	43	M	Minneapolis	MN	2	22:27	1:36	3:01	2	56:20	21.9					2:04:02
5	259	Michael Laughlin	43	M	Duluth	MN	6	24:31	1:45	1:48	5	59:21	20.8	2:13	7	36:43	7:21	2:04:34
6	19	Mike Berkopoc	43	M	Eagan	MN	11	30:05	2:09	1:47	3	57:57	21.3	1:49	4	35:06	7:02	2:06:42
7	78	Kevin Marciniak	43	M	Brooklyn Center	MN	8	27:47	1:59	1:34	7	1:00:42	20.4	2:00	5	36:14	7:15	2:08:16

8	108	Ted Schick	44	M	Esko	MN	7	25:17	1:48	2:16	8	1:01:49	20.0	2:11	10	40:07	8:02	2:11:37
9	60	Charles Julson	40	M	Bloomington	MN	5	24:14	1:44	2:03	11	1:05:10	19.0	2:43	9	40:00	8:00	2:14:08
10	16	Scott Beaupre	41	M	Maple Plain	MN	9	27:57	2:00	2:16	10	1:04:37	19.1	1:41	8	39:09	7:50	2:15:38
11	25	Dan Cafferty	40	M	Circle Pines	MN	10	29:44	2:07	2:34	12	1:09:03	17.9	1:56	6	36:20	7:16	2:19:35
12	128	Rodger Vieau	44	M	Maple Plain	MN	12	32:34	2:19	2:15	9	1:04:37	19.1	1:59	11	41:27	8:18	2:22:50
13	119	Marty Tabor	42	M	Rice	MN	13	35:20	2:31	4:03	13	1:11:05	17.4	2:45	13	55:16	11:04	2:48:27
14	95	Mark Pryor	44	M	Edina	MN	14	35:43	2:33	3:33	14	1:15:05	16.5	3:28	12	55:06	11:02	2:52:53

FEMALE AGE GROUP 45 - 49

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	250	Amy Bergeron	47	F	St Paul	MN	2	27:53	1:59	2:02	1	1:00:35	20.4	1:59	1	36:18	7:16	2:08:44
2	266	Judy Wick	48	F	Duluth	MN	3	28:01	2:00	2:17	2	1:02:10	19.9	2:16	3	38:53	7:47	2:13:35
3	159	Beth Guck	49	F	Ham Lake	MN	1	26:13	1:52	3:49	4	1:12:04	17.2	2:25	5	42:14	8:27	2:26:42
4	154	Rose Flato	45	F	St Paul	MN	6	35:35	2:32	3:09	3	1:07:06	18.4	2:22	4	41:02	8:13	2:29:12
5	183	Mary Moline	46	F	Duluth	MN	5	33:04	2:21	2:40	5	1:15:31	16.4	2:20	2	37:44	7:33	2:31:16
6	158	Cheryl Goldberg	46	F	Duluth	MN	4	29:25	2:06	2:22								

MALE AGE GROUP 45 - 49

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	98	Jim Reed	45	M	Duluth	MN	3	23:37	1:41	1:44	2	56:34	21.9					1:53:38
2	43	Dale Forde	47	M	Golden Valley	MN	1	23:06	1:39	1:46	3	57:09	21.6	1:57	1	33:35	6:43	1:57:31
3	27	Rick Christenson	47	M	Roseville	MN	9	27:00	1:56	2:18	1	51:54	23.8	1:35	2	35:40	7:08	1:58:26
4	57	Doug Johnson	47	M	Farmington	MN	4	23:55	1:42	1:27	4	57:26	21.5	1:27	4	36:58	7:24	2:01:12
5	264	Roger Rask	49	M	Duluth	MN	8	25:29	1:49	2:13	5	57:57	21.3	2:49	3	35:59	7:12	2:04:25
6	99	Tim Roesler	49	M	Wayzata	MN	5	24:00	1:43	2:01	7	59:57	20.6	1:59	6	38:00	7:36	2:05:55
7	47	Gregg Garretson	47	M	Lakeville	MN	6	24:58	1:47	2:20	6	58:13	21.2	1:45	8	38:45	7:45	2:05:58
8	126	Don Uram	47	M	Eden Prairie	MN	2	23:17	1:40	2:33	9	1:02:09	19.9	2:14	7	38:34	7:43	2:08:44
9	263	Glenn Perkins	47	M	Edina	MN	7	25:08	1:48	2:40	10	1:03:57	19.3	2:12	9	39:12	7:51	2:13:07
10	102	Douglas Rose	45	M	Edina	MN	11	30:19	2:10	2:43	8	1:01:18	20.2	3:01	11	43:00	8:36	2:20:19
11	270	Michael Cheslak	45	M	Duluth	MN	14	34:03	2:26	3:10	11	1:06:09	18.7	2:09	5	37:58	7:36	2:23:28
12	85	Steve Mills	45	M	Richfield	MN	15	34:14	2:26	2:55	13	1:10:25	17.6	3:30	10	42:33	8:31	2:33:36
13	65	James Kuronen	46	M	Duluth	MN	13	31:59	2:17	4:15	14	1:10:49	17.5	2:45	12	48:10	9:38	2:37:56
14	55	Chuck Hodgson	47	M	West St Paul	MN	10	28:49	2:03	2:56	12	1:08:08	18.1	3:38	14	54:33	10:55	2:38:02
15	33	Tom Donofrio	45	M	Duluth	MN	16	35:17	2:31	3:38	16	1:13:03	16.9	2:46	13	48:15	9:39	2:42:58
16	123	Harvey Thorleifson	48	M	Minneapolis	MN	12	31:36	2:15	2:10	15	1:11:07	17.4	2:17	15	59:32	11:55	2:46:41

FEMALE AGE GROUP 50 - 54

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	156	Connie Foster	54	F	River Falls	WI	1	35:51	2:33	3:52	1	1:15:10	16.4	3:24	1	42:17	8:28	2:40:32

MALE AGE GROUP 50 - 54

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	64	Leonard Klun	51	M	Maple Plain	MN	2	22:30	1:36	2:19	2	56:55	21.7	1:46	1	34:13	6:51	1:57:40
2	109	Bill Schmitt	51	M	Duluth	MN	3	23:41	1:41	1:50	1	56:00	22.1	2:09	2	38:43	7:45	2:02:21
3	241	Rick Crowell	54	M	Duluth	MN	1	22:01	1:34	3:08	4	1:03:41	19.4	2:29	6	42:24	8:29	2:13:42
4	87	Jim Mostek	50	M	West St Paul	MN	7	31:54	2:16	2:22	3	59:10	20.9	2:03	4	40:39	8:08	2:16:06
5	54	Terry Hill	53	M	Osseo	MN	5	31:18	2:14	2:10	8	1:08:11	18.1	3:01	3	39:41	7:57	2:24:20
6	239	Jon Berg	50	M	Northwood	ND	9	33:13	2:22	3:16	5	1:07:14	18.4	1:42	5	42:23	8:29	2:27:45
7	254	Tim Chisholm	50	M	North Branch	MN	6	31:20	2:14	3:57	9	1:11:41	17.2	1:58	8	45:15	9:03	2:34:09
8	23	Paul Buchanan	53	M	Duluth	MN	4	27:28	1:57	3:50	10	1:20:32	15.3	2:12	7	42:30	8:30	2:36:30
9	238	Rick Agar	50	M	Duluth	MN	8	32:33	2:19	3:09	7	1:08:11	18.1	2:51	10	50:15	10:03	2:36:57
10	49	John Haire	53	M	Duluth	MN	10	34:22	2:27	5:05	6	1:07:55	18.2	3:55	9	47:04	9:25	2:38:19

FEMALE AGE GROUP 55 - 59

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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 1 247 Ann Rhea 57 F Plymouth MN 1 29:35 2:07 2:57 1 1:17:41 15.9 2:28 1 56:48 11:22 2:49:27

MALE AGE GROUP 55 - 59

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	12	John Barber	57	M	Bloomington	MN	2	30:17	2:10	3:05	1	1:00:22	20.5	2:28	2	43:02	8:37	2:19:12
2	86	Clint Moen	58	M	Duluth	MN	1	28:46	2:03	3:04	2	1:02:54	19.7	2:33	3	48:25	9:41	2:25:40
3	20	John Bodette	55	M	St Cloud	MN	3	31:28	2:15	5:02	5	1:16:20	16.2	2:46	1	41:04	8:13	2:36:39
4	244	Mike Lynch	57	M	Hudson	WI	4	33:32	2:23	3:35	3	1:11:53	17.2	4:31	5	57:34	11:31	2:51:05
5	248	Charles Rhea	58	M	Plymouth	MN	5	35:51	2:33	3:56	4	1:14:09	16.7	4:28	4	54:05	10:49	2:52:27

FEMALE AGE GROUP 60 - OVER

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 Place Bib Name Age Sex City St Rank Swim 100yd Trn.1 Rank Bike Rate Trn.2 Rank Run Pace Finish

MALE AGE GROUP 60 - 64

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	249	Nick Vanduzee	61	M	Chaska	MN	1	28:05	2:00	2:30	1	58:29	21.1	1:55	1	36:59	7:24	2:07:56
2	82	Tom F. Meyer	61	M	Hudson	WI	3	32:13	2:18	2:02	2	1:00:21	20.5	1:55	2	41:10	8:14	2:17:38
3	100	Fred Roethlisberger	62	M	River Falls	WI	2	30:14	2:09	3:19	3	1:09:11	17.9	3:45	3	53:50	10:46	2:40:17

MALE AGE GROUP 65 - OVER

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	66	Hank Larsen	65	M	Glencoe	MN	1	27:12	1:56	2:06	1	1:00:44	20.4	1:41	1	36:52	7:23	2:08:32
2	81	Don Meck	65	M	New Brighton	MN	2	30:53	2:12	3:48	2	1:05:36	18.8	4:08	2	48:18	9:40	2:32:41
3	112	Dean Schulstrom	66	M	Coon Rapids	MN	4	46:38	3:19	3:33	3	1:14:35	16.6	3:01	3	50:58	10:12	2:58:43
4	35	Doug Dunham	66	M	Duluth	MN	3	31:21	2:14	5:56	4	1:19:54	15.5	4:10	4	1:00:50	12:10	3:02:10

Total Registered: 228
 Total Number of Finishers: 203
 Number of Male Finishers: 134
 Number of Female Finishers: 69
 Did not Finish Race or Did Not Start: 25

SHORT COURSE: 1/3 Mile Swim - 10.3 Mile Bike - 2.5 Mile Run

Place	Div/Tot	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	1/25	761	Rhett Bonner	41	M	Duluth	MN	1	8:54	1:32	1:14	1	26:12	23.6	1:39	5	15:17	6:07	53:16
2	1/23	695	Bill Kelley	33	M	Wrenshall	MN	10	9:57	1:42	1:19	2	26:17	23.5	1:21	4	15:05	6:02	53:58
3	1/20	769	Tim W. Andrew	39	M	Duluth	MN	2	9:15	1:35	1:08	3	26:56	22.9	1:32	9	16:00	6:24	54:48
4	1/19	443	Jason Kask	19	M	Duluth	MN	3	9:20	1:36	1:57	7	28:07	22.0	1:40	1	14:13	5:42	55:15
5	1/19	412	Nathan Budde	28	M	Hanover	MN	31	10:57	1:52	1:17	8	28:19	21.8	1:18	17	16:31	6:37	58:20
6	2/20	421	Matt Evans	39	M	Eau Claire	WI	16	10:23	1:47	1:10	23	29:25	21.0	1:13	15	16:19	6:32	58:27
7	2/25	692	Daniel Duff	40	M	Duluth	MN	11	10:06	1:44	2:09	25	29:31	20.9	1:44	6	15:26	6:11	58:54
8	2/23	747	David Piph	34	M	Duluth	MN	18	10:33	1:48	1:56	35	30:02	20.6	1:52	3	15:02	6:01	59:23
9	3/23	771	Michael Waataja	30	M	Plymouth	MN	7	9:39	1:39	1:09	10	28:46	21.5	1:46	62	18:17	7:19	59:35
10	1/24	599	Cindy Schlafmann	39	F	Ham Lake	MN	21	10:38	1:49	1:29	13	29:02	21.3	1:32	25	16:57	6:47	59:38

306	11/13	529 Lisa Beller	51 F	Minneapolis	MN	257	17:02	2:55	4:14	317	47:43	13.0	3:29	296	27:51	11:09	1:40:17
307	1/3	622 Betty Meck	67 F	New Brighton	MN	312	21:01	3:35	3:35	262	39:48	15.5	3:56	318	32:09	12:52	1:40:27
308	33/37	680 Colleen Weed	33 F	New Brighton	MN	264	17:17	2:57	2:39	324	50:05	12.3		332	1:20:34	32:14	1:40:29
309	33/35	577 Amy Holter	27 F	Minneapolis	MN	290	18:55	3:14	2:43	294	42:58	14.4	3:38	319	33:00	13:12	1:41:12
310	34/37	763 Amy Hesby	34 F	Duluth	MN	197	15:21	2:37	6:57	314	47:30	13.0	4:12	293	27:41	11:05	1:41:40
311	35/37	746 Sara Petry	30 F	Proctor	MN	277	18:10	3:06	3:47	322	49:09	12.6	3:12	295	27:46	11:07	1:42:02
312	34/35	556 Kari Elias	28 F	Plymouth	MN	300	19:25	3:19	3:09	321	48:59	12.6	2:08	302	28:44	11:30	1:42:24
313	12/13	739 Cheryl Larson	54 F	Duluth	MN	266	17:49	3:03	4:40	276	40:59	15.1	5:54	321	33:42	13:29	1:43:02
314	24/25	504 Philip Stoyke	41 M	Long Prairie	MN	323	22:20	3:49	3:22	309	45:46	13.5	3:28	303	28:45	11:30	1:43:39
315	29/31	523 Rachel Anderson	24 F	St Cloud	MN	308	20:16	3:28	2:49	313	47:27	13.0	2:42	317	31:44	12:42	1:44:57
316	4/4	536 Jane Boesenberg	56 F	Cedar Rapids	IA	327	24:34	4:12	4:22	303	44:45	13.8	2:18	306	29:26	11:47	1:45:23
317	6/6	402 Michael Appleman	58 M	Minneapolis	MN					283	41:13	15.0	9:04	316	31:12	12:29	1:45:37
318	35/35	666 Erika Stienessen	28 F	Prior Lake	MN	292	18:57	3:14	5:51	304	44:47	13.8	6:10	311	30:32	12:13	1:46:15
319	22/24	632 Tina Otten-Lindquist	37 F	Champlin	MN	280	18:21	3:08	3:44	306	44:58	13.7	3:53	325	35:40	14:16	1:46:34
320	17/18	664 Crystal Sroga	40 F	Minneapolis	MN	265	17:44	3:02	6:19	311	46:37	13.3	4:08	320	33:10	13:16	1:47:57
321	30/31	550 Erin Daly	22 F	Duluth	MN	141	13:47	2:21	2:28	333	59:28	10.4	2:09	312	30:46	12:19	1:48:35
322	15/15	546 Suzy Clark	49 F	Duluth	MN	248	16:39	2:51	6:46	327	51:09	12.1	4:23	315	30:59	12:24	1:49:55
323	36/37	704 Ramona Radosevich	30 F	Duluth	MN	143	13:54	2:23	4:12	331	53:17	11.6	4:25	324	35:33	14:14	1:51:19
324	23/24	592 Laurina Johnson	36 F	Duluth	MN	331	26:58	4:36	5:11	293	42:57	14.4	3:44	323	34:20	13:44	1:53:08
325	2/3	642 Toni Powers	67 F	Hudson	WI	328	24:45	4:13	5:23	323	49:58	12.4	2:48	309	30:21	12:09	1:53:12
326	37/37	722 Candace Carlson	31 F	Prior Lake	MN	315	21:27	3:40	6:04	326	51:08	12.1		333	1:25:44	34:18	1:53:14
327	24/24	718 Karen Arlt	35 F	Chaska	MN	317	21:34	3:41	8:49	330	53:02	11.7	3:31	301	28:42	11:29	1:55:36
328	25/25	781 Jeff Merritt	44 M	Duluth	MN	326	23:09	3:57	4:01	319	48:35	12.7	3:24	327	37:08	14:51	1:56:15
329	18/18	613 Carrie Malvick	44 F	Proctor	MN	332	27:00	4:36	5:11	312	47:06	13.1	3:37	328	37:18	14:56	2:00:10
330	31/31	639 Stacy Peters	20 F	Duluth	MN	310	20:55	3:34	4:53	328	52:57	11.7	3:38	330	39:29	15:48	2:01:51
331	14/14	660 Kristine Sieger	14 F	Woodbury	MN	309	20:54	3:34	4:52	329	52:58	11.7	3:40	329	39:29	15:48	2:01:51
332	3/3	641 Alexis Pogorelskin	60 F	Duluth	MN	329	24:47	4:14	5:33	332	54:38	11.3	3:13	326	37:01	14:49	2:05:10
333	13/13	649 Cheryl Reitan	54 F	Duluth	MN	330	26:52	4:35	4:24	320	48:50	12.7	3:36	331	42:20	16:56	2:06:00

results by Pickle Events

Results posted on: www.pickleevents.com

INDIVIDUAL MALE OVERALL RESULTS

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	761	Rhett Bonner	41	M	DULUTH	MN	1	8:54	1:32	1:14	1	26:12	23.6	1:39	4	15:17	6:07	53:16
2	695	Bill Kelley	33	M	WRENSHALL	MN	7	9:57	1:42	1:19	2	26:17	23.5	1:21	3	15:05	6:02	53:58
3	769	Tim W. Andrew	39	M	Duluth	MN	2	9:15	1:35	1:08	3	26:56	22.9	1:32	8	16:00	6:24	54:48
4	443	Jason Kask	19	M	DULUTH	MN	3	9:20	1:36	1:57	7	28:07	22.0	1:40	1	14:13	5:42	55:15
5	412	Nathan Budde	28	M	HANOVER	MN	20	10:57	1:52	1:17	8	28:19	21.8	1:18	16	16:31	6:37	58:20
6	421	Matt Evans	39	M	EAU CLAIRE	WI	12	10:23	1:47	1:10	19	29:25	21.0	1:13	14	16:19	6:32	58:27
7	692	Daniel Duff	40	M	DULUTH	MN	8	10:06	1:44	2:09	21	29:31	20.9	1:44	5	15:26	6:11	58:54
8	747	David Pipho	34	M	DULUTH	MN	14	10:33	1:48	1:56	30	30:02	20.6	1:52	2	15:02	6:01	59:23
9	771	Michael Waataja	30	M	PLYMOUTH	MN	5	9:39	1:39	1:09	10	28:46	21.5	1:46	45	18:17	7:19	59:35
10	493	Michael Scherer	36	M	DULUTH	MN	28	11:52	2:02	1:45	6	27:56	22.1	1:46	25	17:07	6:51	1:00:24
11	436	Adam Himes	33	M	RICHFIELD	MN	42	12:24	2:07	1:05	33	30:07	20.5	1:28	6	15:28	6:11	1:00:29
12	776	John Erdelyi	33	M	St Paul	MN	4	9:34	1:38	1:17	37	30:15	20.4	1:48	34	17:43	7:05	1:00:33
13	753	Kirk Vesterstein	43	M	DULUTH	MN	30	12:08	2:04	2:20	9	28:28	21.7	1:48	12	16:16	6:31	1:00:58
14	492	Chris Sachs	25	M	White Bear Lake	MN	46	12:38	2:10	1:29	17	29:24	21.0	1:42	7	15:58	6:24	1:01:09
15	470	Ian Nemerov	40	M	EDINA	MN	19	10:56	1:52	2:22	25	29:43	20.8	2:09	10	16:05	6:26	1:01:13
16	490	Tom Richardson	42	M	STILLWATER	MN	15	10:38	1:49	2:13	12	28:59	21.3	2:16	39	17:56	7:11	1:02:00
17	743	glenn misgen	41	M	DULUTH	MN	40	12:20	2:07	2:22	16	29:22	21.0	1:55	11	16:08	6:28	1:02:06
18	129	Erik Vilen	25	M	DULUTH	MN	43	12:25	2:07	1:29	45	30:32	20.2	1:30	15	16:27	6:35	1:02:21
19	690	Brian Burdette	33	M	DULUTH	MN	49	12:42	2:10	1:41	31	30:02	20.6	1:41	17	16:35	6:38	1:02:39
20	444	Rob Kaufman	42	M	CHANHASSEN	MN	11	10:17	1:46	1:14	46	30:35	20.2	1:54	51	18:53	7:33	1:02:52
21	711	Peter Sandelin	26	M	DULUTH	MN	50	12:43	2:10	1:35	29	29:58	20.6	2:01	20	16:50	6:44	1:03:04
22	446	Paul Kline	37	M	Brooklyn Center	MN	35	12:16	2:06	2:27	18	29:25	21.0	1:59	33	17:37	7:03	1:03:43
23	427	John Garrison	32	M	COHASSET	MN	107	16:27	2:49	1:52	5	27:37	22.4	2:14	9	16:02	6:25	1:04:10
24	731	John Grau	24	M	NORTHFIELD	MN	57	13:04	2:14	2:36	22	29:36	20.9	2:04	21	16:59	6:48	1:04:17

143	709	Tim Russell	42	M	SAVAGE	MN	139	21:24	3:39	4:23	119	35:38	17.3	5:20	141	26:23	10:34	1:33:06
144	693	brian gonsalves	38	M	New Brighton	MN	144	21:51	3:44	4:56	147	44:50	13.8	2:14	77	20:11	8:05	1:34:00
145	515	Chris Vizanko	60	M	DULUTH	MN	137	21:00	3:35	4:29	138	40:34	15.2	3:12	145	28:23	11:21	1:37:36
146	473	Daniel Novack	30	M	White Bear Lake	MN	146	22:21	3:49	2:52	143	41:13	15.0	2:17	147	29:55	11:58	1:38:36
147	504	Philip Stoyke	41	M	Long Prairie	MN	145	22:20	3:49	3:22	148	45:46	13.5	3:28	146	28:45	11:30	1:43:39
148	402	Michael Appleman	58	M	MINNEAPOLIS	MN					144	41:13	15.0	9:04	148	31:12	12:29	1:45:37
149	781	Jeff Merritt	44	M	Duluth	MN	148	23:09	3:57	4:01	149	48:35	12.7	3:24	149	37:08	14:51	1:56:15

INDIVIDUAL FEMALE OVERALL RESULTS

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	599	Cindy Schlafmann	39	F	Ham Lake	MN	6	10:38	1:49	1:29	1	29:02	21.3	1:32	5	16:57	6:47	59:38
2	606	Lisa Lendway	24	F	St Paul	MN	1	9:34	1:38	1:31	13	30:44	20.1	1:42	12	17:49	7:08	1:01:18
3	581	Stephanie Howe	21	F	Forest Lake	MN	92	14:26	2:28	1:34	8	30:29	20.3	1:17	1	14:31	5:49	1:02:14
4	610	Aly Linehan	18	F	RIVER FALLS	WI	3	9:54	1:42	1:34	3	29:14	21.1	2:13	44	19:53	7:58	1:02:46
5	626	Denise Moen	34	F	RAMSEY	MN	14	11:03	1:53	1:34	6	30:04	20.6	1:53	25	18:35	7:26	1:03:06
6	737	Amy Klosterman	43	F	St Paul	MN	8	10:45	1:50	1:29	24	31:53	19.4	1:39	14	18:02	7:13	1:03:46
7	522	Meghan Anderson	23	F	DULUTH	MN	10	10:50	1:51	1:35	23	31:48	19.4	1:44	16	18:04	7:14	1:03:59
8	630	Jena Ogston	33	F	DULUTH	MN	17	11:33	1:59	1:57	21	31:42	19.5	1:29	10	17:45	7:06	1:04:25
9	531	Kirsten Bich	35	F	DULUTH	MN	69	13:30	2:19	1:46	2	29:09	21.2	1:52	18	18:17	7:19	1:04:33
10	724	Catie Cogger	17	F	WASHBURN	WI	71	13:37	2:20	1:35	9	30:30	20.3	1:50	6	17:06	6:51	1:04:36
11	607	Marta Lewinski	32	F	EDINA	MN	49	12:44	2:11	2:07	19	31:34	19.6	1:29	3	16:55	6:46	1:04:47
12	638	Kerri Persons	30	F	DULUTH	MN	27	11:53	2:02	1:30	7	30:14	20.4	2:04	36	19:24	7:46	1:05:03
13	734	Diane Holliday-Welsh	45	F	DULUTH	MN	16	11:33	1:58	1:53	4	29:19	21.1	2:37	41	19:50	7:56	1:05:09
14	583	Jennifer Huelsmann	36	F	MINNEAPOLIS	MN	79	13:57	2:23	1:47	11	30:39	20.2	2:16	2	16:46	6:43	1:05:23
15	547	Stephany Clasen	34	F	STILLWATER	MN	45	12:33	2:09	1:40	12	30:40	20.2	1:32	34	19:21	7:45	1:05:44
16	657	Mari Schmidt	35	F	EDINA	MN	2	9:39	1:39	2:47	68	34:55	17.7	0:30	13	17:59	7:12	1:05:48
17	542	Sheri Budde	27	F	HANOVER	MN	24	11:50	2:01	1:41	15	30:59	19.9	1:38	45	19:58	7:59	1:06:03
18	669	Becka Swanson	29	F	Circle Pines	MN	67	13:28	2:18	1:49	10	30:31	20.3	1:34	30	18:44	7:30	1:06:04
19	595	sheila kelley	30	F	WRENSHALL	MN	40	12:29	2:08	1:20	27	32:11	19.2	1:43	23	18:31	7:25	1:06:12
20	699	Patty Little	43	F	BARNUM	MN	47	12:39	2:10	2:11	22	31:44	19.5	2:22	8	17:23	6:58	1:06:18
21	663	Melissa Snow	21	F	DULUTH	MN	11	10:56	1:52	2:05	43	33:32	18.4	1:48	19	18:18	7:19	1:06:37
22	627	Sondra Mowers	41	F	DULUTH	MN	18	11:37	1:59	1:52	5	30:00	20.6	2:07	64	21:12	8:29	1:06:46
23	602	jennifer kron	32	F	Apple Valley	MN	28	11:58	2:03	1:41	32	32:41	18.9	2:04	26	18:36	7:27	1:06:57
24	758	Jody Zeleznikar	32	F	DULUTH	MN	44	12:33	2:09	1:41	30	32:15	19.2	2:08	21	18:29	7:24	1:07:04
25	563	Judy Geck	47	F	St Paul	MN	103	14:57	2:33	1:29	26	32:00	19.3	1:47	4	16:57	6:47	1:07:08
26	646	Nancy Rectenwald	46	F	DULUTH	MN	31	12:00	2:03	1:50	31	32:16	19.2	2:20	38	19:42	7:53	1:08:07
27	655	Mary Sands	43	F	St Paul	MN	43	12:31	2:08	1:38	36	32:59	18.7	2:08	35	19:21	7:45	1:08:35
28	586	Melanie Jakubek	33	F	DULUTH	MN	20	11:46	2:01	2:25	28	32:11	19.2	2:33	47	20:04	8:02	1:08:58
29	689	Julia Berg	20	F	NORTHWOOD	ND	96	14:34	2:29	2:06	33	32:42	18.9	1:42	17	18:06	7:15	1:09:08
30	543	Tricia Bunten	35	F	DULUTH	MN	41	12:29	2:08	2:36	42	33:31	18.4	2:03	27	18:38	7:27	1:09:15
31	648	Nikki Reed	17	F	DULUTH	MN	5	10:38	1:49	1:49	76	35:28	17.4	1:39	52	20:11	8:05	1:09:44
32	684	Liz Wigger	19	F	DULUTH	MN	4	10:07	1:44	2:18	79	35:34	17.4	1:37	54	20:16	8:07	1:09:51
33	611	Connie Lutkevich	37	F	DULUTH	MN	42	12:30	2:08	6:42	17	31:12	19.8	1:55	11	17:49	7:08	1:10:06
34	521	Amy Amundson	29	F	MINNEAPOLIS	MN	46	12:36	2:09	2:25	59	34:30	17.9	2:24	20	18:23	7:21	1:10:16
35	568	Elise Guimont	19	F	DULUTH	MN	23	11:50	2:01	1:53	69	34:56	17.7	1:42	48	20:05	8:02	1:10:24
36	619	Bonnie Matuseski	49	F	DULUTH	MN	52	12:51	2:12	2:06	18	31:28	19.6	2:31	72	21:39	8:40	1:10:32
37	749	Heather Roy	30	F	DULUTH	MN	116	15:33	2:39	2:46	38	33:09	18.6	1:50	9	17:30	7:00	1:10:46
38	553	Julie Dillon	49	F	HUDSON	WI	82	14:09	2:25	1:50	37	33:06	18.7	2:28	37	19:34	7:50	1:11:06
39	636	Lisa Pederson	30	F	PLYMOUTH	MN	117	15:35	2:40	2:33	14	30:59	19.9	3:20	31	18:51	7:33	1:11:17
40	667	Shawn Strathe	31	F	MINNEAPOLIS	MN	76	13:47	2:21	1:52	35	32:55	18.8	2:28	57	20:23	8:09	1:11:23
41	538	Brenda Booth	32	F	MINNEAPOLIS	MN	37	12:15	2:06	1:57	34	32:43	18.9	2:32	79	22:00	8:48	1:11:26
42	596	Tama Kerber	38	F	CHASKA	MN	72	13:40	2:20	2:27	60	34:31	17.9	2:15	29	18:42	7:29	1:11:34
43	589	Sara Joesting	30	F	Minneapolis	MN	86	14:16	2:26	2:00	50	33:50	18.3	1:49	42	19:50	7:56	1:11:43
44	635	Julie Peckham	45	F	69115 Heidelberg	GE	13	11:00	1:53	1:57	61	34:33	17.9	2:05	82	22:10	8:52	1:11:43
45	725	Sara Conrad	25	F	St Paul	MN	121	15:52	2:43	1:46	55	34:20	18.0	2:15	15	18:03	7:13	1:12:13
46	567	Cindy Grindy	48	F	DULUTH	MN	38	12:15	2:06	1:24	41	33:22	18.5	2:03	98	23:20	9:20	1:12:23

165	746	Sara	Petry	30	F	PROCTOR	MN	155	18:10	3:06	3:47	173	49:09	12.6	3:12	151	27:46	11:07	1:42:02
166	556	Kari	Elias	28	F	PLYMOUTH	MN	166	19:25	3:19	3:09	172	48:59	12.6	2:08	157	28:44	11:30	1:42:24
167	739	Cheryl	Larson	54	F	DULUTH	MN	148	17:49	3:03	4:40	138	40:59	15.1	5:54	173	33:42	13:29	1:43:02
168	523	Rachel	Anderson	24	F	St Cloud	MN	172	20:16	3:28	2:49	165	47:27	13.0	2:42	169	31:44	12:42	1:44:57
169	536	Jane	Boesenberg	56	F	Cedar Rapids	IA	179	24:34	4:12	4:22	157	44:45	13.8	2:18	160	29:26	11:47	1:45:23
170	666	Erika	Stienessen	28	F	Prior Lake	MN	163	18:57	3:14	5:51	158	44:47	13.8	6:10	164	30:32	12:13	1:46:15
171	632	Tina	Otten-Lindquist	37	F	CHAMPLIN	MN	156	18:21	3:08	3:44	159	44:58	13.7	3:53	177	35:40	14:16	1:46:34
172	664	Crystal	Sroga	40	F	MINNEAPOLIS	MN	147	17:44	3:02	6:19	163	46:37	13.3	4:08	172	33:10	13:16	1:47:57
173	550	Erin	Daly	22	F	DULUTH	MN	75	13:47	2:21	2:28	184	59:28	10.4	2:09	165	30:46	12:19	1:48:35
174	546	Suzy	Clark	49	F	DULUTH	MN	138	16:39	2:51	6:46	178	51:09	12.1	4:23	168	30:59	12:24	1:49:55
175	704	Ramona	Radosevich	30	F	DULUTH	MN	77	13:54	2:23	4:12	182	53:17	11.6	4:25	176	35:33	14:14	1:51:19
176	592	Laurna	Johnson	36	F	DULUTH	MN	183	26:58	4:36	5:11	149	42:57	14.4	3:44	175	34:20	13:44	1:53:08
177	642	Toni	Powers	67	F	HUDSON	WI	180	24:45	4:13	5:23	174	49:58	12.4	2:48	162	30:21	12:09	1:53:12
178	722	Candace	Carlson	31	F	Prior Lake	MN	176	21:27	3:40	6:04	177	51:08	12.1		184	85:44	34:18	1:53:14
179	718	Karen	Arlt	35	F	CHASKA	MN	177	21:34	3:41	8:49	181	53:02	11.7	3:31	156	28:42	11:29	1:55:36
180	613	Carrie	Malvick	44	F	PROCTOR	MN	184	27:00	4:36	5:11	164	47:06	13.1	3:37	179	37:18	14:56	2:00:10
181	639	Stacy	Peters	20	F	DULUTH	MN	174	20:55	3:34	4:53	179	52:57	11.7	3:38	181	39:29	15:48	2:01:51
182	660	Kristine	Sieger	14	F	WOODBURY	MN	173	20:54	3:34	4:52	180	52:58	11.7	3:40	180	39:29	15:48	2:01:51
183	641	Alexis	Pogorelskin	60	F	DULUTH	MN	181	24:47	4:14	5:33	183	54:38	11.3	3:13	178	37:01	14:49	2:05:10
184	649	Cheryl	Reitan	54	F	DULUTH	MN	182	26:52	4:35	4:24	171	48:50	12.7	3:36	182	42:20	16:56	2:06:00

DID NOT FINISH

Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
451	Abraham Langseth	21	M	St Paul	MN	2	16:14	2:46	3:06								
482	Dan Powers	69	M	Hudson	WI	3	17:28	2:59	6:39	1	47:48	12.9					
29	Justin Davis	23	M	Duluth	MN	4	70:05	11:57	3:41	2	1:04:54	9.5					
505	Daniel Taggatz	29	M	Center City	MN	1	11:28	1:58									

TOP TEN SWIM TIMES

PLACE	NAME	CITY	ST	AGE	S	Swim Time	100 yds
1	Rhett Bonner	DULUTH	MN	41	M	8:54	1:32
2	Tim W. Andrew	Duluth	MN	39	M	9:15	1:35
3	Jason Kask	DULUTH	MN	19	M	9:20	1:36
4	John Erdelyi	St Paul	MN	33	M	9:34	1:38
5	Lisa Lendway	St Paul	MN	24	F	9:34	1:38
6	Mari Schmidt	EDINA	MN	35	F	9:39	1:39
7	Michael Waataja	PLYMOUTH	MN	30	M	9:39	1:39
8	Aly Linehan	RIVER FALLS	WI	18	F	9:54	1:42
9	Adam Rosenthal	RIVER FALLS	WI	16	M	9:55	1:42
10	Bill Kelley	WRENSHALL	MN	33	M	9:57	1:42

TOP TEN BIKE TIMES

PLACE	NAME	CITY	ST	AGE	S	Bike Time	mph
1	Rhett Bonner	DULUTH	MN	41	M	00:26:12	23.6
2	Bill Kelley	WRENSHALL	MN	33	M	00:26:17	23.5
3	Tim W. Andrew	Duluth	MN	39	M	00:26:56	22.9
4	Rick Haney	DULUTH	MN	40	M	00:27:07	22.8
5	John Garrison	COHASSET	MN	32	M	00:27:37	22.4
6	Michael Scherer	DULUTH	MN	36	M	00:27:56	22.1
7	Jason Kask	DULUTH	MN	19	M	00:28:07	22.0
8	Nathan Budde	HANOVER	MN	28	M	00:28:19	21.8

9 Kirk Vesterstein DULUTH MN 43 M 00:28:28 21.7
 10 Michael Waataja PLYMOUTH MN 30 M 00:28:46 21.5

TOP TEN RUN TIMES

PLACE	NAME	CITY	ST	AGE	S	Run Time	Pace
1	Jason Kask	DULUTH	MN	19	M	14:13	5:42
2	Stephanie Howe	Forest Lake	MN	21	F	14:31	5:49
3	David Pipo	DULUTH	MN	34	M	15:02	6:01
4	Bill Kelley	WRENSHALL	MN	33	M	15:05	6:02
5	Rhett Bonner	DULUTH	MN	41	M	15:17	6:07
6	Daniel Duff	DULUTH	MN	40	M	15:26	6:11
7	Adam Himes	RICHFIELD	MN	33	M	15:28	6:11
8	Chris Sachs	White Bear Lak	MN	25	M	15:58	6:24
9	Tim W. Andrew	Duluth	MN	39	M	16:00	6:24
10	John Garrison	COHASSET	MN	32	M	16:02	6:25

BREWHOUSE TRIATHLON

PIKE LAKE AAA BEACH CLUB, DULUTH, MN - AUGUST 7, 2005
 SHORT COURSE: AGE GROUP RESULTS

FEMALE AGE GROUP 1 - 17

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	724	Catie Cogger	17	F	Washburn	WI	2	13:37	2:20	1:35	1	30:30	20.3	1:50	1	17:06	6:51	1:04:36
2	648	Nikki Reed	17	F	Duluth	MN	1	10:38	1:49	1:49	3	35:28	17.4	1:39	2	20:11	8:05	1:09:44
3	741	Frances Macaulay	17	F	Duluth	MN	3	15:54	2:43	2:37	2	35:01	17.6	2:04	3	23:43	9:29	1:19:17
4	660	Kristine Sieger	14	F	Woodbury	MN	4	20:54	3:34	4:52	4	52:58	11.7	3:40	4	39:29	15:48	2:01:51

MALE AGE GROUP 1 - 17

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	472	Leif Nordgren	16	M	Marine On St Croix	MN	5	12:55	2:13	1:30	2	31:30	19.6	2:01	1	17:44	7:06	1:05:37
2	491	Adam Rosenthal	16	M	River Falls	WI	1	9:55	1:42	1:51	3	32:36	19.0	2:07	5	19:55	7:58	1:06:22
3	460	Aaron Matuseski	15	M	Duluth	MN	2	10:11	1:45	2:46	1	31:22	19.7	2:12	6	20:06	8:03	1:06:35
4	723	Chris Cloquette	17	M	Duluth	MN	4	12:44	2:11	2:21	7	35:40	17.3	1:22	2	18:15	7:18	1:10:20
5	410	Steve Brannan	17	M	Duluth	MN	3	12:20	2:06	2:25	6	35:29	17.4	1:40	7	20:45	8:18	1:12:36
6	742	Maxwell Macaulay	16	M	Duluth	MN	7	15:17	2:37	2:30	5	35:05	17.6	1:55	9	22:47	9:07	1:17:32
7	501	Kieren Smith	16	M	Duluth	MN	6	13:35	2:19	2:43	9	39:53	15.5	3:06	3	18:57	7:35	1:18:12
8	757	Zakk West	15	M	Apple Valley	MN	8	17:14	2:57	3:26	8	35:53	17.2	2:42	8	20:53	8:21	1:20:05
9	707	David Ritchie	15	M	Duluth	MN	10	21:50	3:44	3:12	4	33:04	18.7	2:21	10	26:26	10:35	1:26:50
10	454	Tim Lasch	15	M	Circle Pines	MN	9	21:49	3:44	3:39	10	41:02	15.1	2:01	4	19:52	7:57	1:28:22

FEMALE AGE GROUP 18 - 24

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	606	Lisa Lendway	24	F	St Paul	MN	1	9:34	1:38	1:31	3	30:44	20.1	1:42	3	17:49	7:08	1:01:18
2	581	Stephanie Howe	21	F	Forest Lake	MN	18	14:26	2:28	1:34	2	30:29	20.3	1:17	1	14:31	5:49	1:02:14
3	610	Aly Linehan	18	F	River Falls	WI	2	9:54	1:42	1:34	1	29:14	21.1	2:13	11	19:53	7:58	1:02:46
4	522	Meghan Anderson	23	F	Duluth	MN	5	10:50	1:51	1:35	4	31:48	19.4	1:44	4	18:04	7:14	1:03:59
5	663	Melissa Snow	21	F	Duluth	MN	6	10:56	1:52	2:05	6	33:32	18.4	1:48	6	18:18	7:19	1:06:37
6	689	Julia Berg	20	F	Northwood	ND	19	14:34	2:29	2:06	5	32:42	18.9	1:42	5	18:06	7:15	1:09:08
7	684	Liz Wiggen	19	F	Duluth	MN	3	10:07	1:44	2:18	13	35:34	17.4	1:37	15	20:16	8:07	1:09:51
8	568	Elise Guimont	19	F	Duluth	MN	9	11:50	2:01	1:53	11	34:56	17.7	1:42	12	20:05	8:02	1:10:24
9	668	Amy Svendsen	23	F	St Louis Park	MN	15	13:30	2:19	2:42	18	37:22	16.5	1:50	2	17:16	6:55	1:12:38
10	700	Heather Maenke	21	F	St Paul	MN	22	15:13	2:36	2:48	8	33:40	18.4	2:30	9	19:43	7:53	1:13:53
11	600	Elizabeth Kollen	24	F	St Louis Park	MN	21	15:12	2:36	2:18	10	34:55	17.7	2:05	10	19:53	7:58	1:14:21

12	650	Ty Ries	22	F	Madison Lake	MN	25	16:18	2:47	2:33	9	34:22	18.0	2:24	14	20:14	8:06	1:15:49
13	615	Heather Marden	24	F	Duluth	MN	8	11:47	2:01	2:24	12	35:30	17.4	2:33	19	23:40	9:28	1:15:51
14	766	Heather Booth	23	F	Minneapolis	MN	28	18:30	3:10	1:44	7	33:34	18.4	2:29	13	20:08	8:03	1:16:24
15	576	Heather Hokanson	24	F	St Paul	MN	24	16:14	2:46	2:18	16	36:38	16.9	1:33	16	20:20	8:08	1:17:02
16	527	Natalie Barriault	24	F	Thunder Bay		29	19:42	3:22	2:05	14	35:51	17.2	1:53	8	18:33	7:26	1:18:03
17	532	Allison Bittner	21	F	Saginaw	MN	14	13:18	2:16	3:15	22	41:24	14.9	1:37	7	18:31	7:25	1:18:04
18	537	Valerie Boller	24	F	St Michael	MN	23	15:48	2:42	2:32	17	36:50	16.8	1:50	17	22:09	8:52	1:19:07
19	585	Tia Jacobson	20	F	Proctor	MN	4	10:42	1:50	2:42	23	42:08	14.7	1:58	20	24:11	9:41	1:21:39
20	575	Erin Hmielewski	20	F	Minneapolis	MN	20	14:50	2:32	2:29	20	38:51	15.9	2:28	18	23:34	9:26	1:22:10
21	555	Brenda Drickhamer	24	F	Duluth	MN	13	13:12	2:15	2:52	19	38:13	16.2	2:51	26	27:07	10:51	1:24:13
22	679	Rachel Vonderhaar	21	F	Virginia	MN	7	11:40	2:00	2:28	24	42:30	14.5	1:56	23	25:48	10:19	1:24:19
23	767	Bridget Campion	24	F	Minneapolis	MN	26	16:32	2:50	3:37	21	39:24	15.7	2:27	21	24:13	9:42	1:26:11
24	530	Antonia Bergman	19	F	Duluth	MN	10	11:52	2:02	3:05	26	44:34	13.9	2:04	22	25:28	10:12	1:27:02
25	612	Emily Maeckelbergh	24	F	St Cloud	MN	27	18:02	3:05	3:22	15	35:54	17.2	2:23	28	28:11	11:17	1:27:50
26	534	Katie Bittner	21	F	Saginaw	MN	16	13:43	2:21	2:51	25	42:51	14.4	2:26	24	26:37	10:39	1:28:27
27	717	Katie Zwolski	23	F	Shoreview	MN	12	12:26	2:08	2:30	28	47:36	13.0	2:00	25	26:48	10:44	1:31:18
28	591	Kelsey Johnson	24	F	Duluth	MN	11	12:00	2:03	2:38	29	47:52	12.9	2:02	27	27:33	11:02	1:32:04
29	523	Rachel Anderson	24	F	St Cloud	MN	30	20:16	3:28	2:49	27	47:27	13.0	2:42	30	31:44	12:42	1:44:57
30	550	Erin Daly	22	F	Duluth	MN	17	13:47	2:21	2:28	31	59:28	10.4	2:09	29	30:46	12:19	1:48:35
31	639	Stacy Peters	20	F	Duluth	MN	31	20:55	3:34	4:53	30	52:57	11.7	3:38	31	39:29	15:48	2:01:51

MALE AGE GROUP 18 - 24

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	443	Jason Kask	19	M	Duluth	MN	1	9:20	1:36	1:57	1	28:07	22.0	1:40	1	14:13	5:42	55:15
2	731	John Grau	24	M	Northfield	MN	7	13:04	2:14	2:36	3	29:36	20.9	2:04	2	16:59	6:48	1:04:17
3	475	Anders Osthus	23	M	Duluth	MN	9	13:34	2:19	2:24	6	30:08	20.5	2:29	3	17:00	6:48	1:05:33
4	450	Jimmy Krieger	24	M	St Paul	MN	6	13:01	2:13	2:23	8	30:40	20.2	1:56	4	17:52	7:09	1:05:50
5	404	Ben Bittner	19	M	Saginaw	MN	4	12:21	2:07	1:59	11	31:32	19.6	1:52	6	18:58	7:36	1:06:41
6	780	Brad Gascoigne	23	M	Atikokan	OH	8	13:05	2:14	2:33	7	30:17	20.4	2:18	9	20:25	8:10	1:08:36
7	426	Ben Fuller	24	M	Cedar Rapids	IA	3	12:19	2:06	3:00	13	31:38	19.5	2:48	5	18:55	7:34	1:08:39
8	466	Peter Miner	24	M	Duluth	MN	12	15:21	2:37	2:08	4	29:36	20.9	2:41	8	19:48	7:56	1:09:33
9	439	Benjamin Horton	23	M	Cedar Rapids	IA	5	12:39	2:10	2:51	10	31:27	19.7	2:40	10	20:57	8:23	1:10:33
10	447	Ben Kohls	23	M	Nicollet	MN	17	18:13	3:07	2:52	2	29:29	21.0	2:14	7	19:29	7:48	1:12:15
11	514	Tony Vitali	21	M	Duluth	MN	10	14:43	2:31	4:23	15	32:49	18.8	1:56	11	21:14	8:30	1:15:03
12	777	Teal Legutko	20	M	Duluth	MN	15	16:26	2:48	2:41	12	31:37	19.5	2:58	13	21:34	8:38	1:15:14
13	440	Christian Huseby	23	M	Two Harbors	MN	11	14:50	2:32	2:51	14	31:48	19.4	2:54	15	23:20	9:20	1:15:42
14	716	Dave Zbaracki	22	M	Duluth	MN	18	19:20	3:18	2:50	5	29:46	20.8	3:05	12	21:19	8:32	1:16:19
15	495	Ben Schumacher	22	M	Duluth	MN	13	15:33	2:39	3:30	16	34:36	17.9	3:07	14	21:42	8:41	1:18:26
16	425	Eric Fort	22	M	St Paul	MN	2	12:17	2:06	2:40	17	37:55	16.3	2:10	19	25:41	10:17	1:20:41
17	481	Joshua Potaracke	24	M	Savage	MN	19	21:27	3:40	3:46	9	30:49	20.1	3:00	18	24:57	9:59	1:23:59
18	407	Nick Boller	22	M	Maple Grove	MN	16	18:04	3:05	2:48	19	43:04	14.3	2:13	16	24:15	9:42	1:30:23
19	511	Brenton Tuominen	21	M	Duluth	MN	20	22:46	3:53	2:38	18	41:10	15.0	1:56	17	24:33	9:50	1:33:02
20	451	Abraham Langseth	21	M	St Paul	MN	14	16:14	2:46	3:06								
21	29	Justin Davis	23	M	Duluth	MN	21	1:10:05	11:57	3:41	20	1:04:54	9.5					

FEMALE AGE GROUP 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	542	Sheri Budde	27	F	Hanover	MN	4	11:50	2:01	1:41	2	30:59	19.9	1:38	7	19:58	7:59	1:06:03
2	669	Becka Swanson	29	F	Circle Pines	MN	14	13:28	2:18	1:49	1	30:31	20.3	1:34	4	18:44	7:30	1:06:04
3	521	Amy Amundson	29	F	Minneapolis	MN	9	12:36	2:09	2:25	8	34:30	17.9	2:24	2	18:23	7:21	1:10:16
4	725	Sara Conrad	25	F	St Paul	MN	23	15:52	2:43	1:46	7	34:20	18.0	2:15	1	18:03	7:13	1:12:13
5	540	Mindy Braun	29	F	Minneapolis	MN	18	14:32	2:29	2:05	4	33:36	18.4	2:16	8	20:11	8:05	1:12:37
6	730	Christy Gardner	28	F	Duluth	MN	22	15:14	2:36	2:22	6	34:08	18.1	2:32	3	18:39	7:28	1:12:53
7	565	Khamsin Giedd	29	F	Edina	MN	2	10:57	1:52	2:30	5	33:36	18.4	2:25	22	23:28	9:23	1:12:54
8	631	Julie Ostrander	28	F	Minneapolis	MN	10	12:48	2:11	2:19	3	33:34	18.4	2:57	15	22:14	8:54	1:13:51
9	624	Christina Meier	27	F	Columbia Hts	MN	1	10:47	1:51	2:46	14	35:48	17.3	1:56	18	22:48	9:07	1:14:03
10	578	Kerri Hoogers	26	F	Brooklyn Center	MN	6	12:02	2:04	2:22	10	34:38	17.8	2:08	24	24:18	9:44	1:15:26

11	559	Julie Frantz	29	F	St Louis Park	MN	15	13:54	2:23	2:08	22	37:33	16.5	1:37	9	20:45	8:18	1:15:55
12	560	Nicole Frye	26	F	Minneapolis	MN	30	17:55	3:04	1:32	11	35:20	17.5	2:33	6	19:11	7:41	1:16:29
13	698	Kristina Kubicek	26	F	Minneapolis	MN	8	12:13	2:05	2:31	15	36:04	17.1	2:56	17	22:47	9:07	1:16:29
14	618	Lindsay Mattson	28	F	St Paul	MN	5	11:51	2:02	3:24	19	37:08	16.6	2:30	13	21:43	8:42	1:16:34
15	548	Angela Corbett	25	F	St Paul	MN	20	14:51	2:32	2:43	23	38:29	16.1	1:32	5	19:06	7:39	1:16:40
16	687	Elizabeth Zimbinski	27	F	Minneapolis	MN	11	13:01	2:14	2:29	9	34:36	17.9	2:01	25	24:37	9:51	1:16:42
17	562	Carolyn Gamble	28	F	Coon Rapids	MN	19	14:38	2:30	2:37	12	35:34	17.4	2:21	16	22:35	9:02	1:17:43
18	614	Alyssa Marden	27	F	Duluth	MN	12	13:22	2:17	3:14	20	37:10	16.6	2:18	14	21:49	8:44	1:17:51
19	604	Gretchen Lake	26	F	Willmar	MN	17	14:22	2:27	2:07	13	35:45	17.3	2:16	23	24:00	9:36	1:18:28
20	673	Kelly Tension	26	F	St Paul	MN	24	16:01	2:44	3:03	16	36:21	17.0	2:02	12	21:24	8:34	1:18:49
21	701	Kristy Mcgiffert	28	F	Duluth	MN	16	14:08	2:25	2:52	24	39:08	15.8	2:52	10	21:00	8:24	1:19:58
22	750	Kathryn Sackett	25	F	Rochester	MN	29	17:08	2:56	3:26	17	36:35	16.9	2:12	11	21:06	8:27	1:20:25
23	623	Deborah Meester	28	F	Little Falls	MN	3	11:49	2:01	3:20	18	37:00	16.7	2:17	29	27:32	11:01	1:21:56
24	656	Katie Schmidt	27	F	Superior	WI	25	16:13	2:46	3:21	25	39:56	15.5	2:01	26	25:57	10:23	1:27:26
25	533	Emily Bittner	25	F	Phoenix	AZ	27	16:45	2:52	4:07	21	37:10	16.6	3:49	27	26:38	10:40	1:28:27
26	681	Carrie Whitburn	27	F	Superior	WI	28	17:01	2:55	4:18	30	43:17	14.3	1:49	20	23:03	9:14	1:29:26
27	643	Molly Quinn	27	F	Brooklyn Center	MN	7	12:12	2:05	5:40	28	41:14	15.0	3:19	28	27:21	10:57	1:29:43
28	580	Emily Hornack	28	F	Minneapolis	MN	26	16:22	2:48	4:37	27	40:01	15.4	2:55	33	29:40	11:52	1:33:33
29	558	Lyndsay Fowler	28	F	St Louis Park	MN	21	14:57	2:33	3:36	31	44:24	13.9	2:39	30	28:03	11:14	1:33:37
30	573	Tara Harkins	29	F	Minneapolis	MN	35	21:43	3:42	5:33	26	39:59	15.5	3:43	21	23:24	9:22	1:34:19
31	744	Melinda Moses	28	F	Honolulu	HI	34	19:58	3:25	4:44	32	44:26	13.9	2:37	19	22:58	9:12	1:34:41
32	629	Athena Novack	29	F	White Bear Lake	MN	13	13:23	2:17	2:48	35	50:45	12.2	2:00	32	28:53	11:33	1:37:47
33	577	Amy Holter	27	F	Minneapolis	MN	31	18:55	3:14	2:43	29	42:58	14.4	3:38	35	33:00	13:12	1:41:12
34	556	Kari Elias	28	F	Plymouth	MN	33	19:25	3:19	3:09	34	48:59	12.6	2:08	31	28:44	11:30	1:42:24
35	666	Erika Stienessen	28	F	Prior Lake	MN	32	18:57	3:14	5:51	33	44:47	13.8	6:10	34	30:32	12:13	1:46:15

MALE AGE GROUP 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	412	Nathan Budde	28	M	Hanover	MN	1	10:57	1:52	1:17	1	28:19	21.8	1:18	3	16:31	6:37	58:20
2	492	Chris Sachs	25	M	White Bear Lake	MN	7	12:38	2:10	1:29	3	29:24	21.0	1:42	1	15:58	6:24	1:01:09
3	129	Erik Vilen	25	M	Duluth	MN	5	12:25	2:07	1:29	7	30:32	20.2	1:30	2	16:27	6:35	1:02:21
4	711	Peter Sandelin	26	M	Duluth	MN	8	12:43	2:10	1:35	5	29:58	20.6	2:01	5	16:50	6:44	1:03:04
5	497	David Schutz	28	M	Minneapolis	MN	3	11:30	1:58	1:29	8	30:56	20.0	1:56	8	18:30	7:24	1:04:20
6	476	Kris Osthus	29	M	Duluth	MN	6	12:35	2:09	3:21	6	30:05	20.5	2:32	6	17:01	6:49	1:05:33
7	430	Carlos Guerra Ruiz	29	M	Duluth	MN	13	15:26	2:38	1:28	2	28:58	21.3	1:54	10	19:41	7:53	1:07:25
8	732	Matthew Hagelin	26	M	Duluth	MN	10	12:53	2:12	2:47	10	31:30	19.6	2:02	9	19:18	7:43	1:08:29
9	405	Brian Black	28	M	Duluth	MN	12	15:26	2:38	1:26	4	29:52	20.7	1:42	13	20:28	8:11	1:08:53
10	463	Grant McDonald	25	M	Dassel	MN	11	13:26	2:18	2:45	11	32:37	18.9	1:49	16	21:14	8:30	1:11:49
11	773	Ryan Zimny	27	M	Duluth	MN	19	19:09	3:16	2:21	9	31:30	19.6	2:26	7	17:30	7:00	1:12:53
12	509	Jon Toftey	26	M	Minneapolis	MN	9	12:51	2:12	2:46	13	32:55	18.8	2:55	17	21:37	8:39	1:13:03
13	772	Brennon Schaefer	28	M	Minneapolis	MN	18	18:40	3:11	3:08	12	32:48	18.8	2:08	4	16:46	6:43	1:13:28
14	706	Patrick Riley	29	M	Wrenshall	MN	14	15:32	2:39	3:50	14	35:03	17.6	2:24	11	20:08	8:04	1:16:56
15	764	Gavin Poindexter	25	M	Cedar Rapids	IA	4	12:18	2:06	4:26	17	39:33	15.6	2:20	15	21:12	8:29	1:19:47
16	740	John Lucenta	25	M	St Paul Park	MN	15	17:51	3:03	2:31	16	39:01	15.8	2:06	14	20:41	8:17	1:22:08
17	441	Chris Johnson	28	M	Superior	WI	17	18:22	3:08	3:35	19	43:13	14.3	2:13	12	20:26	8:11	1:27:47
18	480	Steven Peterson	27	M	Duluth	MN	16	18:20	3:08	3:34	18	41:11	15.0	3:32	18	23:00	9:12	1:29:35
19	714	Beau Smith	25	M	Duluth	MN	20	21:45	3:43	5:27	15	38:55	15.9	2:25	19	23:44	9:30	1:32:15
20	505	Daniel Taggatz	29	M	Center City	MN	2	11:28	1:58									

FEMALE AGE GROUP 30 - 34

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	626	Denise Moen	34	F	Ramsey	MN	1	11:03	1:53	1:34	1	30:04	20.6	1:53	6	18:35	7:26	1:03:06
2	630	Jena Ogston	33	F	Duluth	MN	2	11:33	1:59	1:57	6	31:42	19.5	1:29	3	17:45	7:06	1:04:25
3	607	Marta Lewinski	32	F	Edina	MN	12	12:44	2:11	2:07	5	31:34	19.6	1:29	1	16:55	6:46	1:04:47
4	638	Kerri Persons	30	F	Duluth	MN	4	11:53	2:02	1:30	2	30:14	20.4	2:04	10	19:24	7:46	1:05:03
5	547	Stephany Clasen	34	F	Stillwater	MN	11	12:33	2:09	1:40	3	30:40	20.2	1:32	9	19:21	7:45	1:05:44
6	595	Sheila Kelley	30	F	Wrenshall	MN	9	12:29	2:08	1:20	7	32:11	19.2	1:43	5	18:31	7:25	1:06:12

7	602	Jennifer Kron	32	F	Apple Valley	MN	5	11:58	2:03	1:41	10	32:41	18.9	2:04	7	18:36	7:27	1:06:57
8	758	Jody Zeleznikar	32	F	Duluth	MN	10	12:33	2:09	1:41	9	32:15	19.2	2:08	4	18:29	7:24	1:07:04
9	586	Melanie Jakubek	33	F	Duluth	MN	3	11:46	2:01	2:25	8	32:11	19.2	2:33	14	20:04	8:02	1:08:58
10	749	Heather Roy	30	F	Duluth	MN	26	15:33	2:39	2:46	13	33:09	18.6	1:50	2	17:30	7:00	1:10:46
11	636	Lisa Pederson	30	F	Plymouth	MN	27	15:35	2:40	2:33	4	30:59	19.9	3:20	8	18:51	7:33	1:11:17
12	667	Shawn Strathe	31	F	Minneapolis	MN	14	13:47	2:21	1:52	12	32:55	18.8	2:28	15	20:23	8:09	1:11:23
13	538	Brenda Booth	32	F	Minneapolis	MN	8	12:15	2:06	1:57	11	32:43	18.9	2:32	22	22:00	8:48	1:11:26
14	589	Sara Joesting	30	F	Minneapolis	MN	17	14:16	2:26	2:00	15	33:50	18.3	1:49	12	19:50	7:56	1:11:43
15	601	Ladawn Kovala	31	F	Cohasset	MN	18	14:23	2:27	1:44	17	34:24	18.0	2:19	16	20:32	8:13	1:13:19
16	579	Dana Horihan	34	F	White Bear Lake	MN	13	13:17	2:16	2:23	20	35:02	17.6	2:19	17	21:13	8:29	1:14:11
17	748	Alisa Praskovich	32	F	Duluth	MN	19	14:33	2:29	2:15	14	33:16	18.6	3:24	19	21:25	8:34	1:14:51
18	598	Teresa Kimberley	34	F	Minneapolis	MN	16	14:11	2:25	2:22	16	33:54	18.2	2:08	23	22:43	9:05	1:15:16
19	588	Katalina Jimenez	32	F	Duluth	MN	24	15:22	2:38	1:54	21	35:39	17.3	1:52	18	21:24	8:34	1:16:09
20	659	Tracy Schurmann	33	F	Cold Spring	MN	32	16:37	2:50	2:59	19	35:00	17.7	3:49	11	19:49	7:56	1:18:12
21	634	Laura Parendo	33	F	Esko	MN	28	15:45	2:42	2:55	24	37:31	16.5	2:40	13	20:03	8:02	1:18:53
22	552	Jill Danelski	33	F	Duluth	MN	21	15:01	2:34	3:06	23	36:46	16.8	2:21	21	21:46	8:43	1:18:58
23	594	Jill Kaske	34	F	Superior	WI	22	15:03	2:34	3:38	22	36:02	17.2	2:38	24	23:05	9:14	1:20:24
24	608	Kim Lightner	33	F	St Paul	MN	35	19:03	3:15	1:44	18	34:28	17.9	2:07	25	23:25	9:22	1:20:45
25	682	Heather White	32	F	Minneapolis	MN	29	15:58	2:44	2:28	28	39:32	15.6	1:15	20	21:38	8:40	1:20:50
26	424	Lisa Faust	34	F	Muskegon	MI	20	14:53	2:33	2:23	27	38:21	16.1	2:24	27	24:52	9:57	1:22:51
27	674	Nichole Tubman	32	F	Apple Valley	MN	7	12:08	2:04	3:03	25	37:40	16.4	2:39	31	27:32	11:01	1:22:59
28	676	Melanie Tuominen	34	F	Duluth	MN	31	16:35	2:50	3:15	26	38:18	16.1	2:12	28	25:16	10:07	1:25:34
29	557	Corinne Ertz	30	F	Minneapolis	MN	30	16:26	2:48	2:27	31	44:21	13.9	2:27	26	23:25	9:22	1:29:05
30	658	Kristen Schroeder	32	F	St Paul	MN	25	15:33	2:39	3:26	29	40:37	15.2	2:46	29	27:25	10:58	1:29:46
31	539	Amy Bradley	31	F	Brooklyn Center	MN	6	11:58	2:03	3:19	30	40:38	15.2	2:33	34	34:07	13:39	1:32:33
32	544	Beth Bussian	30	F	Rochester	MN	36	19:45	3:22	3:42	32	45:25	13.6	2:45	30	27:29	11:00	1:39:05
33	680	Colleen Weed	33	F	New Brighton	MN	33	17:17	2:57	2:39	35	50:05	12.3		36	1:20:34	32:14	1:40:29
34	763	Amy Hesby	34	F	Duluth	MN	23	15:21	2:37	6:57	33	47:30	13.0	4:12	32	27:41	11:05	1:41:40
35	746	Sara Petry	30	F	Proctor	MN	34	18:10	3:06	3:47	34	49:09	12.6	3:12	33	27:46	11:07	1:42:02
36	704	Ramona Radosevich	30	F	Duluth	MN	15	13:54	2:23	4:12	37	53:17	11.6	4:25	35	35:33	14:14	1:51:19
37	722	Candace Carlson	31	F	Prior Lake	MN	37	21:27	3:40	6:04	36	51:08	12.1		37	1:25:44	34:18	1:53:14

MALE AGE GROUP 30 - 34

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	695	Bill Kelley	33	M	Wrenshall	MN	3	9:57	1:42	1:19	1	26:17	23.5	1:21	2	15:05	6:02	53:58
2	747	David Piphoo	34	M	Duluth	MN	5	10:33	1:48	1:56	4	30:02	20.6	1:52	1	15:02	6:01	59:23
3	771	Michael Waataja	30	M	Plymouth	MN	2	9:39	1:39	1:09	3	28:46	21.5	1:46	9	18:17	7:19	59:35
4	436	Adam Himes	33	M	Richfield	MN	8	12:24	2:07	1:05	6	30:07	20.5	1:28	3	15:28	6:11	1:00:29
5	776	John Erdelyi	33	M	St Paul	MN	1	9:34	1:38	1:17	7	30:15	20.4	1:48	8	17:43	7:05	1:00:33
6	690	Brian Burdette	33	M	Duluth	MN	9	12:42	2:10	1:41	5	30:02	20.6	1:41	5	16:35	6:38	1:02:39
7	427	John Garrison	32	M	Cohasset	MN	19	16:27	2:49	1:52	2	27:37	22.4	2:14	4	16:02	6:25	1:04:10
8	419	Perry Danelski	34	M	Duluth	MN	11	13:14	2:16	1:54	9	31:12	19.8	1:32	7	17:22	6:57	1:05:12
9	513	Scott Vanderheiden	34	M	Mountlake Terrace	WA	6	10:49	1:51	3:21	13	32:54	18.8	2:57	6	17:22	6:57	1:07:20
10	429	Paul Gerth	34	M	Minneapolis	MN	13	13:57	2:23	2:19	10	31:15	19.8	2:08	11	19:25	7:46	1:09:01
11	770	Tim Andrew	33	M	Duluth	MN	4	10:11	1:45	0:53	20	35:12	17.6	1:30	18	22:32	9:01	1:10:16
12	502	Chris Somero	32	M	Crystal	MN	18	15:47	2:42	2:38	12	32:30	19.0	1:44	10	18:34	7:26	1:11:10
13	459	Christopher Marshall	32	M	Red Wing	MN	12	13:30	2:19	1:30	8	30:53	20.0	2:52	19	22:34	9:02	1:11:17
14	745	Bryan Paulson	33	M	Duluth	MN	14	14:37	2:30	2:53	11	31:49	19.4	2:00	12	20:01	8:01	1:11:18
15	503	Aaron Stein	33	M	Little Falls	MN	7	12:14	2:05	2:40	15	33:01	18.7	3:02	14	20:42	8:17	1:11:37
16	456	Matthew Leis	33	M	Maple Grove	MN	15	14:54	2:33	2:08	14	32:57	18.8	2:03	16	21:44	8:42	1:13:43
17	489	Ralph Richardson	33	M	Lakeland	MN	20	19:06	3:16	3:12	18	34:49	17.8	1:58	13	20:26	8:11	1:19:29
18	467	Steve Montera	31	M	Plymouth	MN	16	14:59	2:34	3:46	21	36:46	16.8	2:59	15	21:42	8:41	1:20:10
19	720	Gregory Bond	34	M	Rochester	MN	22	19:37	3:21	2:43	16	33:28	18.5	2:54	20	23:02	9:13	1:21:42
20	500	Mark Slattery	30	M	Rochester	MN	10	12:48	2:11	4:22	17	34:47	17.8	3:14	22	27:19	10:56	1:22:28
21	755	Travis Werts	31	M	Rochester	MN	17	15:37	2:40	2:53	22	38:12	16.2	3:07	21	23:04	9:14	1:22:51
22	719	Grant Bearbower	32	M	Burnsville	MN	21	19:18	3:18	4:20	19	34:53	17.7	2:23	17	22:16	8:55	1:23:08
23	473	Daniel Novack	30	M	White Bear Lake	MN	23	22:21	3:49	2:52	23	41:13	15.0	2:17	23	29:55	11:58	1:38:36

FEMALE AGE GROUP 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	599	Cindy Schlafmann	39	F	Ham Lake	MN	2	10:38	1:49	1:29	1	29:02	21.3	1:32	2	16:57	6:47	59:38
2	531	Kirsten Bich	35	F	Duluth	MN	9	13:30	2:19	1:46	2	29:09	21.2	1:52	5	18:17	7:19	1:04:33
3	583	Jennifer Huelsmann	36	F	Minneapolis	MN	11	13:57	2:23	1:47	3	30:39	20.2	2:16	1	16:46	6:43	1:05:23
4	657	Mari Schmidt	35	F	Edina	MN	1	9:39	1:39	2:47	11	34:55	17.7	0:30	4	17:59	7:12	1:05:48
5	543	Tricia Bunten	35	F	Duluth	MN	5	12:29	2:08	2:36	9	33:31	18.4	2:03	6	18:38	7:27	1:09:15
6	611	Connie Lutkevich	37	F	Duluth	MN	6	12:30	2:08	6:42	4	31:12	19.8	1:55	3	17:49	7:08	1:10:06
7	596	Tama Kerber	38	F	Chaska	MN	10	13:40	2:20	2:27	10	34:31	17.9	2:15	7	18:42	7:29	1:11:34
8	625	Laura Miller	36	F	Baxter	MN	13	14:29	2:29	2:16	8	33:20	18.5	2:40	9	21:04	8:26	1:13:47
9	768	Laurie Anderson	38	F	Duluth	MN	4	12:02	2:04	2:12	7	32:13	19.2	2:38	18	25:43	10:17	1:14:47
10	670	Michelle Swenson	35	F	Minneapolis	MN	19	16:56	2:54	2:07	6	31:59	19.3	2:03	10	21:59	8:48	1:15:03
11	571	Carolyn Haney	36	F	Duluth	MN	7	12:59	2:13	2:45	13	38:24	16.1	2:05	8	20:11	8:05	1:16:22
12	686	Andrea Wojahn	38	F	Minneapolis	MN	15	15:33	2:39	2:46	5	31:41	19.5	3:31	15	24:52	9:57	1:18:21
13	653	Gretchen Sage-Martinson	36	F	St Paul	MN	8	13:20	2:17	2:38	12	37:24	16.5	2:11	20	25:56	10:23	1:21:27
14	605	Erika Lee	36	F	Pine City	MN	14	15:07	2:35	3:15	15	39:09	15.8	2:18	11	22:01	8:49	1:21:48
15	678	Mary Twite	37	F	Hopkins	MN	12	14:12	2:26	2:24	17	40:40	15.2	1:56	12	22:46	9:07	1:21:55
16	733	Heidi Hartman	39	F	Grand Rapids	MN	3	11:15	1:56	2:50	22	45:49	13.5	2:16	13	23:10	9:16	1:25:18
17	651	Kristin Rouleau	38	F	Osseo	MN	22	19:32	3:20	2:30	14	38:44	16.0	2:52	14	24:41	9:53	1:28:17
18	519	Stephanie Adamany	35	F	St Paul	MN	20	17:56	3:04	5:49	16	40:17	15.3	2:40	16	25:01	10:01	1:31:42
19	713	Tami Schuster	36	F	Brooklyn Center	MN	18	16:24	2:48	3:48	21	45:11	13.7	3:29	17	25:41	10:17	1:34:31
20	597	Dina Khaled	35	F	Minneapolis	MN	17	16:19	2:47	4:31	19	44:00	14.0	2:41	21	28:30	11:24	1:35:59
21	640	Durac Pfeffer	35	F	Superior	WI	16	16:09	2:46	4:43	23	47:39	13.0	4:40	19	25:46	10:19	1:38:55
22	632	Tina Otten-Lindquist	37	F	Champlin	MN	21	18:21	3:08	3:44	20	44:58	13.7	3:53	24	35:40	14:16	1:46:34
23	592	Laurna Johnson	36	F	Duluth	MN	24	26:58	4:36	5:11	18	42:57	14.4	3:44	23	34:20	13:44	1:53:08
24	718	Karen Arlt	35	F	Chaska	MN	23	21:34	3:41	8:49	24	53:02	11.7	3:31	22	28:42	11:29	1:55:36

MALE AGE GROUP 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	769	Tim W. Andrew	39	M	Duluth	MN	1	9:15	1:35	1:08	1	26:56	22.9	1:32	1	16:00	6:24	54:48
2	421	Matt Evans	39	M	Eau Claire	WI	2	10:23	1:47	1:10	6	29:25	21.0	1:13	3	16:19	6:32	58:27
3	493	Michael Scherer	36	M	Duluth	MN	7	11:52	2:02	1:45	2	27:56	22.1	1:46	5	17:07	6:51	1:00:24
4	446	Paul Kline	37	M	Brooklyn Center	MN	8	12:16	2:06	2:27	5	29:25	21.0	1:59	9	17:37	7:03	1:03:43
5	457	Michael Lowthorp	36	M	Duluth	MN	5	11:27	1:58	1:31	13	32:07	19.2	1:49	8	17:32	7:01	1:04:25
6	413	Richard Bunten	37	M	Duluth	MN	6	11:28	1:58	2:42	12	31:34	19.6	1:54	7	17:17	6:55	1:04:53
7	420	Dave Dawkins	39	M	Duluth	MN	9	13:20	2:17	2:11	11	31:18	19.7	2:13	4	17:06	6:51	1:06:06
8	759	Doug Berg	36	M	Duluth	MN	11	14:36	2:30	1:45	3	29:06	21.2	1:54	11	18:52	7:33	1:06:12
9	516	Brian Voge	38	M	Bemidji	MN	14	16:14	2:47	2:21	7	30:11	20.5	1:34	2	16:19	6:32	1:06:38
10	727	Gregg Dahlgren	35	M	Duluth	MN	15	16:56	2:54	2:13	4	29:21	21.1	1:38	6	17:17	6:55	1:07:24
11	508	Paul Thorne	37	M	Minnetonka	MN	10	13:27	2:18	1:33	8	30:21	20.4	1:36	15	20:49	8:20	1:07:44
12	488	Jason Richardson	37	M	Barnum	MN	12	15:30	2:39	2:12	9	30:30	20.3	1:44	10	18:06	7:15	1:08:00
13	464	Robert Miller	38	M	Baxter	MN	13	16:06	2:45	1:36	14	32:16	19.2	2:03	12	19:39	7:52	1:11:38
14	408	Jordan Bonney	39	M	Bloomington	MN	3	10:48	1:51	3:00	15	33:48	18.3	2:39	17	22:00	8:48	1:12:13
15	494	Steven Schmidt	35	M	Edina	MN	17	17:07	2:56	2:21	16	33:54	18.2	0:30	16	21:30	8:36	1:15:20
16	752	Steve Vanderheiden	37	M	Duluth	MN	4	11:01	1:53	3:25	19	36:01	17.2	3:16	18	22:52	9:09	1:16:33
17	708	Kevin Ronneberg	36	M	Circle Pines	MN	19	21:14	3:38	3:19	10	31:17	19.8	2:30	13	20:10	8:04	1:18:29
18	431	Thomas Gust	39	M	Minneapolis	MN	16	17:05	2:55	3:00	17	35:46	17.3	2:38	20	23:55	9:34	1:22:23
19	498	Mike Seyfer	35	M	Duluth	MN	18	18:22	3:08	3:59	18	35:48	17.3	3:14	19	22:57	9:11	1:24:18
20	693	Brian Gonsalves	38	M	New Brighton	MN	20	21:51	3:44	4:56	20	44:50	13.8	2:14	14	20:11	8:05	1:34:00

FEMALE AGE GROUP 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	737	Amy Klosterman	43	F	St Paul	MN	1	10:45	1:50	1:29	4	31:53	19.4	1:39	2	18:02	7:13	1:03:46
2	699	Patty Little	43	F	Barnum	MN	4	12:39	2:10	2:11	3	31:44	19.5	2:22	1	17:23	6:58	1:06:18
3	627	Sondra Mowers	41	F	Duluth	MN	2	11:37	1:59	1:52	1	30:00	20.6	2:07	5	21:12	8:29	1:06:46
4	655	Mary Sands	43	F	St Paul	MN	3	12:31	2:08	1:38	5	32:59	18.7	2:08	3	19:21	7:45	1:08:35

5	582	Barbara Hoyt	44	F	Boulder	CO	8	13:08	2:15	2:07	2	31:05	19.9	2:26	13	24:02	9:37	1:12:46
6	652	Katherine Rubin	43	F	Duluth	MN	7	13:06	2:14	2:37	6	33:45	18.3	2:42	6	21:13	8:29	1:13:21
7	671	Deborah Swenson-Johson	40	F	St Paul	MN	6	13:03	2:14	2:50	10	35:36	17.4	2:04	7	21:18	8:31	1:14:49
8	726	Susan Cook	40	F	Duluth	MN	14	16:47	2:52	2:08	7	33:58	18.2	1:50	4	20:18	8:07	1:14:59
9	782	Debbie Williams	40	F	Medota	MN	10	14:09	2:25	2:08	8	34:54	17.7	2:40	8	22:50	9:08	1:16:39
10	609	Sarah Lightner	42	F	St Paul	MN	12	16:06	2:45	2:45	9	35:09	17.6	2:23	9	22:51	9:09	1:19:12
11	715	Debbie Williams	40	F	Eagan	MN	5	12:41	2:10	1:54	11	35:58	17.2	1:53	16	27:06	10:51	1:19:30
12	637	Bonnie Perkins	40	F	Duluth	MN	11	14:24	2:28	2:38	13	37:12	16.6	2:21	11	23:45	9:30	1:20:18
13	551	Maura Daly	40	F	St Louis Park	MN	9	13:23	2:17	2:24	16	40:19	15.3	2:06	12	23:45	9:30	1:21:55
14	590	Alice Johnson	40	F	St Paul	MN	13	16:33	2:50	3:17	12	36:21	17.0	2:49	10	23:30	9:24	1:22:29
15	729	Heidi Erickson	41	F	St Louis Park	MN	17	18:55	3:14	3:05	14	38:10	16.2	3:10	14	25:15	10:06	1:28:33
16	665	Lindy Sternlight	43	F	Simi Valley	CA	16	18:22	3:08	2:51	15	39:04	15.8	2:41	15	26:33	10:38	1:29:29
17	664	Crystal Sroga	40	F	Minneapolis	MN	15	17:44	3:02	6:19	17	46:37	13.3	4:08	17	33:10	13:16	1:47:57
18	613	Carrie Malvick	44	F	Proctor	MN	18	27:00	4:36	5:11	18	47:06	13.1	3:37	18	37:18	14:56	2:00:10

MALE AGE GROUP 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	761	Rhett Bonner	41	M	Duluth	MN	1	8:54	1:32	1:14	1	26:12	23.6	1:39	1	15:17	6:07	53:16
2	692	Daniel Duff	40	M	Duluth	MN	2	10:06	1:44	2:09	7	29:31	20.9	1:44	2	15:26	6:11	58:54
3	753	Kirk Vesterstein	43	M	Duluth	MN	8	12:08	2:04	2:20	3	28:28	21.7	1:48	5	16:16	6:31	1:00:58
4	470	Ian Nemerov	40	M	Edina	MN	5	10:56	1:52	2:22	8	29:43	20.8	2:09	3	16:05	6:26	1:01:13
5	490	Tom Richardson	42	M	Stillwater	MN	4	10:38	1:49	2:13	4	28:59	21.3	2:16	8	17:56	7:11	1:02:00
6	743	Glenn Misgen	41	M	Duluth	MN	9	12:20	2:07	2:22	6	29:22	21.0	1:55	4	16:08	6:28	1:02:06
7	444	Rob Kaufman	42	M	Chanhassen	MN	3	10:17	1:46	1:14	11	30:35	20.2	1:54	10	18:53	7:33	1:02:52
8	400	Rick Abrahamson	42	M	Duluth	MN	6	11:07	1:54	1:54	9	29:49	20.7	1:53	15	20:01	8:01	1:04:41
9	694	Rick Haney	40	M	Duluth	MN	18	16:21	2:48	2:26	2	27:07	22.8	2:31	9	18:22	7:21	1:06:45
10	696	Kevin Kervina	43	M	Duluth	MN	17	16:11	2:46	1:30	10	30:07	20.5	1:41	7	17:43	7:05	1:07:10
11	458	Tj Lynch	40	M	St Louis Park	MN	12	14:55	2:33	3:08	12	30:41	20.1	1:40	6	17:09	6:52	1:07:31
12	422	Ross Fairbrother	40	M	Maple Plain	MN	10	12:35	2:09	2:29	15	31:52	19.4	2:11	14	19:42	7:53	1:08:47
13	452	Jeff Larson	44	M	Las Vegas	NV	11	13:57	2:23	2:18	18	32:06	19.3	2:01	11	19:06	7:39	1:09:25
14	428	Troy Geheren	44	M	Ramsey	MN	13	15:20	2:37	2:20	16	32:00	19.3	1:51	12	19:10	7:40	1:10:40
15	510	Jeff Travis	43	M	Roseville	MN	15	16:00	2:44	3:47	5	29:21	21.1	3:51	13	19:15	7:42	1:12:11
16	468	Skeeter Moore	42	M	Duluth	MN	20	16:53	2:53	2:04	19	32:09	19.2	2:14	16	20:08	8:03	1:13:26
17	779	Troy Rustad	44	M	Minneapolis	MN	7	11:09	1:54	2:22	20	32:22	19.1	3:56	22	23:42	9:29	1:13:29
18	703	David Pederson	41	M	Duluth	MN	16	16:11	2:46	2:44	13	31:03	19.9	2:20	18	23:21	9:21	1:15:36
19	462	Jim McCormick	43	M	Coon Rapids	MN	14	15:27	2:39	3:18	14	31:19	19.7	2:33	20	23:36	9:27	1:16:12
20	721	Chris Bowron	44	M	Rochester	MN	19	16:52	2:53	2:24	17	32:01	19.3	2:56	19	23:28	9:24	1:17:40
21	736	Todd Johnson	42	M	Cromwell	MN	21	18:01	3:05	3:36	22	36:38	16.9	2:12	17	22:27	8:59	1:22:52
22	453	Dan Lasch	42	M	Circle Pines	MN	22	18:51	3:13	3:37	23	41:08	15.0	2:17	21	23:37	9:27	1:29:29
23	709	Tim Russell	42	M	Savage	MN	23	21:24	3:39	4:23	21	35:38	17.3	5:20	23	26:23	10:34	1:33:06
24	504	Philip Stoyke	41	M	Long Prairie	MN	24	22:20	3:49	3:22	24	45:46	13.5	3:28	24	28:45	11:30	1:43:39
25	781	Jeff Merritt	44	M	Duluth	MN	25	23:09	3:57	4:01	25	48:35	12.7	3:24	25	37:08	14:51	1:56:15

FEMALE AGE GROUP 45 - 49

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	734	Diane Holliday-Welsh	45	F	Duluth	MN	2	11:33	1:58	1:53	1	29:19	21.1	2:37	4	19:50	7:56	1:05:09
2	563	Judy Geck	47	F	St Paul	MN	10	14:57	2:33	1:29	3	32:00	19.3	1:47	1	16:57	6:47	1:07:08
3	646	Nancy Rectenwald	46	F	Duluth	MN	3	12:00	2:03	1:50	4	32:16	19.2	2:20	3	19:42	7:53	1:08:07
4	619	Bonnie Matuseski	49	F	Duluth	MN	6	12:51	2:12	2:06	2	31:28	19.6	2:31	5	21:39	8:40	1:10:32
5	553	Julie Dillon	49	F	Hudson	WI	9	14:09	2:25	1:50	5	33:06	18.7	2:28	2	19:34	7:50	1:11:06
6	635	Julie Peckham	45	F	69115 Heidelberg	GE	1	11:00	1:53	1:57	8	34:33	17.9	2:05	6	22:10	8:52	1:11:43
7	567	Cindy Grindy	48	F	Duluth	MN	4	12:15	2:06	1:24	6	33:22	18.5	2:03	8	23:20	9:20	1:12:23
8	765	Christine Davis	48	F	Duluth	MN	7	12:57	2:13	2:23	7	34:16	18.0	2:49	7	22:12	8:53	1:14:35
9	751	Mary Soyring	45	F	Cloquet	MN	5	12:47	2:11	2:40	9	36:28	16.9	2:33	13	27:27	10:59	1:21:54
10	554	Marilee Douda	45	F	Osseo	MN	11	15:08	2:35	2:56	10	38:30	16.1	2:11	9	24:00	9:36	1:22:43
11	564	Lynn Gibson	49	F	Saginaw	MN	8	13:09	2:15	3:14	13	41:05	15.0	2:21	14	27:44	11:06	1:27:31
12	587	Cornelia Jay	48	F	Maple Grove	MN	14	18:27	3:09	3:17	12	40:58	15.1	3:28	10	24:59	10:00	1:31:07

13	697	Rosy Kirk	48	F	Roseville	MN	15	20:02	3:25	4:28	11	38:35	16.0	2:38	12	26:02	10:25	1:31:43
14	525	Linda Bailey	47	F	Ashland	WI	13	17:57	3:04	3:52	14	42:35	14.5	2:54	11	25:26	10:11	1:32:43
15	546	Suzy Clark	49	F	Duluth	MN	12	16:39	2:51	6:46	15	51:09	12.1	4:23	15	30:59	12:24	1:49:55

MALE AGE GROUP 45 - 49

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	432	Tim Hagley	49	M	Duluth	MN	1	10:31	1:48	2:37	5	30:44	20.1	2:18	6	19:07	7:39	1:05:16
2	433	Douglas Happy	47	M	Duluth	MN	8	15:36	2:40	1:42	3	30:22	20.4	2:13	1	16:49	6:44	1:06:40
3	517	Terry Wiens	47	M	Duluth	MN	4	14:08	2:25	2:09	8	31:41	19.5	1:30	2	17:44	7:06	1:07:10
4	775	Gary Boesenberg	45	M	Cedar Rapids	IA	12	16:38	2:51	1:38	1	29:41	20.8	1:48	5	18:10	7:16	1:07:52
5	448	Scott Kohls	47	M	Green Bay	WI	6	14:57	2:33	2:21	7	31:15	19.8	1:51	3	18:02	7:13	1:08:24
6	471	Joel Ness	48	M	Duluth	MN	2	11:04	1:54	2:26	4	30:25	20.3	2:27	12	22:32	9:01	1:08:53
7	702	Mike Mills	45	M	Duluth	MN	3	13:10	2:15	2:56	12	33:53	18.2	1:53	8	20:08	8:04	1:11:58
8	705	Mark Rauschenfec	49	M	Duluth	MN	11	16:37	2:50	2:01	6	30:46	20.1	2:43	10	21:11	8:29	1:13:16
9	512	David Turnham	49	M	Duluth	MN	7	15:06	2:35	2:41	10	32:46	18.9	2:06	9	21:07	8:27	1:13:45
10	507	Mike Teitelbaum	46	M	Duluth	MN	10	16:26	2:48	2:05	2	30:16	20.4	1:48	14	23:33	9:26	1:14:06
11	738	Todd Kneebone	46	M	Duluth	MN	5	14:42	2:31	2:43	9	32:34	19.0	2:45	11	21:36	8:39	1:14:19
12	691	David Donahue	45	M	Duluth	MN	14	18:38	3:11	2:22	11	33:43	18.3	2:11	4	18:09	7:16	1:15:01
13	735	Michael, Sr. Huska	46	M	Duluth	MN	13	17:04	2:55	3:28	14	35:34	17.4	2:18	7	19:10	7:40	1:17:32
14	469	Joe Muller	46	M	Grand Rapids	MN	9	16:10	2:46	2:25	13	34:29	17.9	2:11	13	22:41	9:05	1:17:54

FEMALE AGE GROUP 50 - 54

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	572	Kathy Hanten	51	F	Duluth	MN	4	14:19	2:27	2:26	5	36:51	16.8	1:50	1	20:30	8:12	1:15:54
2	520	Cheryl Adams	52	F	Grand Rapids	MN	1	13:29	2:18	3:25	1	34:42	17.8	2:02	5	23:42	9:29	1:17:19
3	621	Cathy Mcgregor	51	F	Duluth	MN	3	14:14	2:26	3:00	4	36:34	16.9	2:17	3	21:46	8:43	1:17:49
4	688	Penny Agar	51	F	Duluth	MN	2	13:42	2:21	2:30	3	36:28	16.9	2:41	6	23:52	9:33	1:19:10
5	616	Sandra Marden-Lokken	51	F	Duluth	MN	5	15:12	2:36	3:28	6	38:12	16.2	3:17	4	23:00	9:12	1:23:07
6	675	Gail Tufte	52	F	Appleton	WI	6	16:58	2:54	2:26	2	34:53	17.7	2:56	8	29:10	11:40	1:26:21
7	710	Patti Sackett	51	F	Rochester	MN	10	18:09	3:06	3:25	11	42:35	14.5	2:22	2	21:39	8:40	1:28:08
8	677	Susan Turnham	50	F	Duluth	MN	11	18:54	3:14	4:01	7	40:03	15.4	3:35	9	30:27	12:11	1:36:59
9	756	Karen West	54	F	Apple Valley	MN	9	17:50	3:03	4:27	10	41:52	14.8	4:04	10	30:49	12:20	1:38:59
10	535	Connie Bloom	51	F	Duluth	MN	12	19:16	3:17	5:11	9	41:33	14.9	2:52	11	30:58	12:23	1:39:47
11	529	Lisa Beller	51	F	Minneapolis	MN	7	17:02	2:55	4:14	12	47:43	13.0	3:29	7	27:51	11:09	1:40:17
12	739	Cheryl Larson	54	F	Duluth	MN	8	17:49	3:03	4:40	8	40:59	15.1	5:54	12	33:42	13:29	1:43:02
13	649	Cheryl Reitan	54	F	Duluth	MN	13	26:52	4:35	4:24	13	48:50	12.7	3:36	13	42:20	16:56	2:06:00

MALE AGE GROUP 50 - 54

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	754	Kevin Welsh	50	M	Duluth	MN	4	12:12	2:05	2:46	1	30:19	20.4	2:25	1	18:47	7:31	1:06:29
2	760	Lee Francisco	53	M	Superior	WI	1	10:53	1:52	2:02	2	31:07	19.9	2:29	8	21:58	8:48	1:08:27
3	465	Jim Miner	50	M	Duluth	MN	3	12:11	2:05	2:15	4	32:16	19.2	2:08	6	21:32	8:37	1:10:20
4	417	Dennis L. Coe	54	M	Edina	MN	8	16:39	2:51	1:54	3	31:55	19.4	2:16	4	20:35	8:14	1:13:17
5	487	Dan Richards	54	M	Eveleth	MN	5	12:38	2:10	2:12	5	34:01	18.2	3:14	5	21:18	8:31	1:13:21
6	416	Ted Ciriacy	51	M	Ely	MN	2	12:04	2:04	2:47	8	36:12	17.1	2:26	9	23:04	9:14	1:16:31
7	496	Charles Schumacher	53	M	Duluth	MN	6	14:44	2:31	3:02	10	39:57	15.5	2:27	2	19:21	7:45	1:19:28
8	409	Rodger Brannan	52	M	Duluth	MN	9	17:55	3:04	2:34	9	36:56	16.7	2:16	3	20:35	8:14	1:20:15
9	455	Steve Laskowski	53	M	Duluth	MN	7	15:23	2:38	2:53	7	35:00	17.7	2:48	10	26:04	10:26	1:22:06
10	762	George Sweezy	53	M	Duluth	MN	10	19:38	3:21	3:12	6	34:56	17.7	3:25	7	21:47	8:43	1:22:57

FEMALE AGE GROUP 55 - 59

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	526	Susanne Bakken	55	F	Duluth	MN	2	14:56	2:33	2:07	1	35:21	17.5	2:24	1	22:16	8:55	1:17:04
2	728	Susan Dragsten	58	F	Minneapolis	MN	1	14:19	2:27	3:54	2	36:08	17.1	2:54	2	24:16	9:43	1:21:29
3	644	Sara Quinn	55	F	Edina	MN	3	15:36	2:40	2:12	3	38:23	16.1	3:14	3	27:20	10:56	1:26:43

4 536 Jane Boesenberg 56 F Cedar Rapids IA 4 24:34 4:12 4:22 4 44:45 13.8 2:18 4 29:26 11:47 1:45:23

MALE AGE GROUP 55 - 59

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	442	Joe Kandiko	55	M	Excelsior	MN	1	12:15	2:06	1:54	1	32:06	19.3	2:00	3	22:58	9:12	1:11:12
2	445	Ronald Kellerman	58	M	Woodbury	MN	3	14:57	2:33	1:34	3	33:09	18.6	2:17	1	21:56	8:47	1:13:52
3	438	William Hoffman	57	M	Cloquet	MN	4	15:42	2:41	2:45	4	37:04	16.7	1:50	4	23:10	9:16	1:20:29
4	479	Ernest Peaslee	56	M	Duluth	MN	5	19:25	3:19	5:25	2	32:23	19.1	2:09	2	22:12	8:53	1:21:32
5	401	Michael Anderson	56	M	Duluth	MN	2	14:15	2:26	2:57	5	38:45	15.9	2:12	5	26:58	10:47	1:25:05
6	402	Michael Appleman	58	M	Minneapolis	MN					6	41:13	15.0	9:04	6	31:12	12:29	1:45:37

FEMALE AGE GROUP 60 - OVER

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	622	Betty Meck	67	F	New Brighton	MN	1	21:01	3:35	3:35	1	39:48	15.5	3:56	2	32:09	12:52	1:40:27
2	642	Toni Powers	67	F	Hudson	WI	2	24:45	4:13	5:23	2	49:58	12.4	2:48	1	30:21	12:09	1:53:12
3	641	Alexis Pogorelskin	60	F	Duluth	MN	3	24:47	4:14	5:33	3	54:38	11.3	3:13	3	37:01	14:49	2:05:10

MALE AGE GROUP 60 - 64

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	449	Lyle Koivisto	60	M	Duluth	MN	1	16:19	2:47	2:40	1	32:34	19.0	2:29	1	23:35	9:26	1:17:36
2	515	Chris Vizanko	60	M	Duluth	MN	2	21:00	3:35	4:29	2	40:34	15.2	3:12	2	28:23	11:21	1:37:36

MALE AGE GROUP 65 - OVER

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	403	Howard Bich	65	M	Sioux Falls	SD	1	17:04	2:55	2:40	1	33:37	18.4	2:31	1	25:12	10:05	1:21:01
2	482	Dan Powers	69	M	Hudson	WI	2	17:28	2:59	6:39	2	47:48	12.9					

Total Registered: 382
 Total Number of Finishers: 333
 Number of Male Finishers: 149
 Number of Female Finishers: 184
 Did not Finish Race or Did Not Start: 49